

SAARSIU

# Ventilation Mécanique : Gestion de l'Effort Inspiratoire

Salem ABAD , Douera



# Ventilation Mécanique...

stress

strain

Synchronisation

Sédation

PEEP

Support ventilatoire

Poumon +++

VILI

Barotrauma +  
Volutrauma +  
Atelectrauma

Diaphragme +++ → Effort Inspiratoire

Myotrauma  
(Atrophie + Lésions)

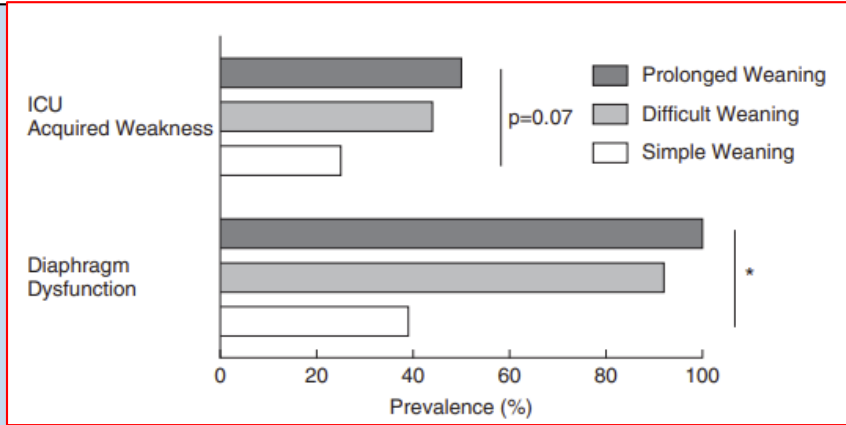
Dysfonction Diaphragmatique

Effort Inspiratoire inadapté

P-SILI

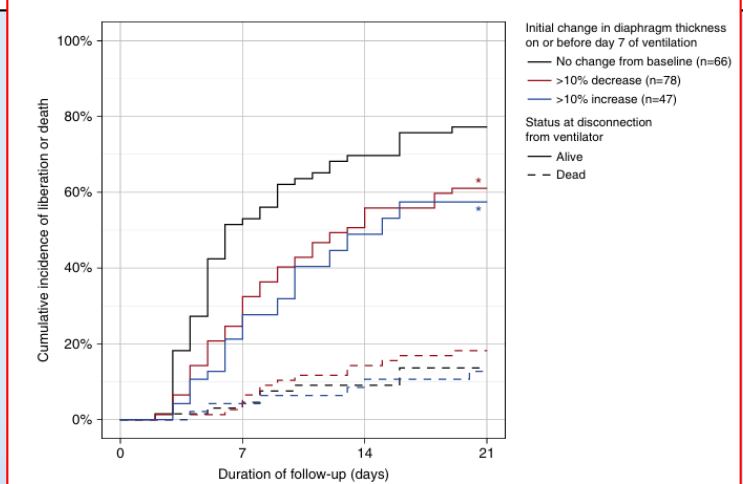
# Coexistence and Impact of Limb Muscle and Diaphragm Weakness at Time of Liberation from Mechanical Ventilation in Medical Intensive Care Unit Patients

Martin Dres<sup>1,2\*</sup>, Bruno-Pierre Dubé<sup>1,3\*</sup>, Julien Mayaux<sup>2</sup>, Julie Delemazure<sup>2</sup>, Danielle Reuter<sup>2</sup>, Laurent Brochard<sup>4,5</sup>, Thomas Similowski<sup>1,2</sup>, and Alexandre Demoule<sup>1,2</sup>



# Mechanical Ventilation-induced Diaphragm Atrophy Strongly Impacts Clinical Outcomes

Ewan C. Goligher<sup>1,2,3,4</sup>, Martin Dres<sup>5,6</sup>, Eddy Fan<sup>1,2,4,7</sup>, Gordon D. Rubenfeld<sup>1,4,7,8</sup>, Damon C. Scales<sup>1,4,7,8</sup>, Margaret S. Herridge<sup>1,2,4,9</sup>, Stefannie Vorona<sup>2</sup>, Michael C. Sklar<sup>5,10</sup>, Nuttapol Rittayamai<sup>5</sup>, Ashley Lanys<sup>5</sup>, Alistair Murray<sup>2</sup>, Deborah Brace<sup>2</sup>, Cristian Urrea<sup>2</sup>, W. Darlene Reid<sup>11</sup>, George Tomlinson<sup>2</sup>, Arthur S. Slutsky<sup>1,4,5</sup>, Brian P. Kavanagh<sup>1,3,10,12</sup>, Laurent J. Brochard<sup>1,4,5\*</sup>, and Niall D. Ferguson<sup>1,2,3,4,7,9\*</sup>



# Diaphragmatic myotrauma: a mediator of prolonged ventilation and poor patient outcomes in acute respiratory failure

Ewan C Goligher, Laurent J Brochard, W Darlene Reid, Eddy Fan, Olli Saarela, Arthur S Slutsky, Brian P Kavanagh, Gordon D Rubenfeld, Niall D Ferguson

Exposure: diaphragm thickening fraction (15–30% vs >30% or <15%)†

Outcome	Exposure	n	OR	95% CI	p-value	OR	95% CI	p-value
Duration of ventilation in ICU survivors	Changes in diaphragm thickness from baseline	145	0.03	0.01–0.10	0.01	0.001	0.01–0.10	0.02
Risk of complications of ARF	Changes in diaphragm thickness from baseline	185	0.04	0.01–0.15	0.01	0.002	0.01–0.15	0.01
Length of ICU stay in ICU survivors	Changes in diaphragm thickness from baseline	143	0.01	0.01–0.06	0.01	0.002	0.01–0.06	0.008

# Objectifs

## Ventilation Mécanique :

Echanges gazeux

Vital  
(PaO<sub>2</sub>, PCO<sub>2</sub>, PH)

Mécanique Respiratoire

Protection Poumon  
(stress, strain → VILI)

Diaphragme

Protection Diaphragme  
(Myotrauma → Dysfonction Diaphragmatique)



## Effort Inspiratoire inadapté :

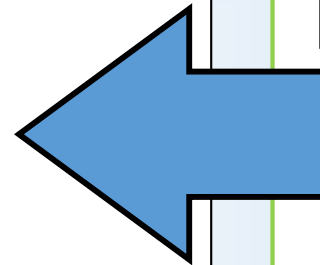
→ *Insuffisant, absent*

→ *Excessif*

→ *Asynchronie (ventilateur)*

Monitoring + Gestion

Effort inspiratoire



## ***Problématique du Myotrauma...***

1

Facteurs de risque ?

2

Monitoring de l'effort inspiratoire ?

3

Gestion Effort inspiratoire inadapté ?

1

Facteurs physiopathologiques à l'origine du Myotrauma ?

2

Monitoring de l'effort inspiratoire ?

3

Gestion Effort inspiratoire inadapté ?

**Insuffisance respiratoire  
aigüe**

Stimulation commande  
Respiratoire

Activité Diaphragmatique  
élevée

Lésions Diaphragmatiques  
(Rupture du sarcomère)

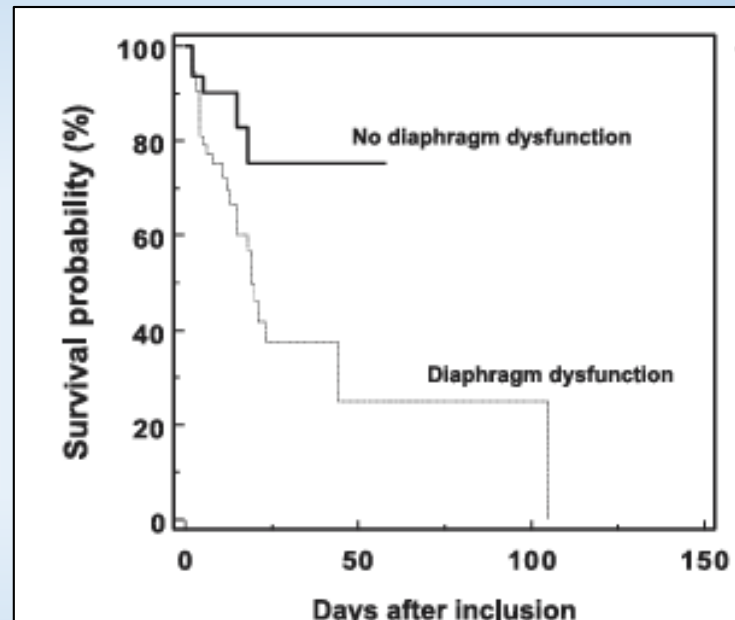
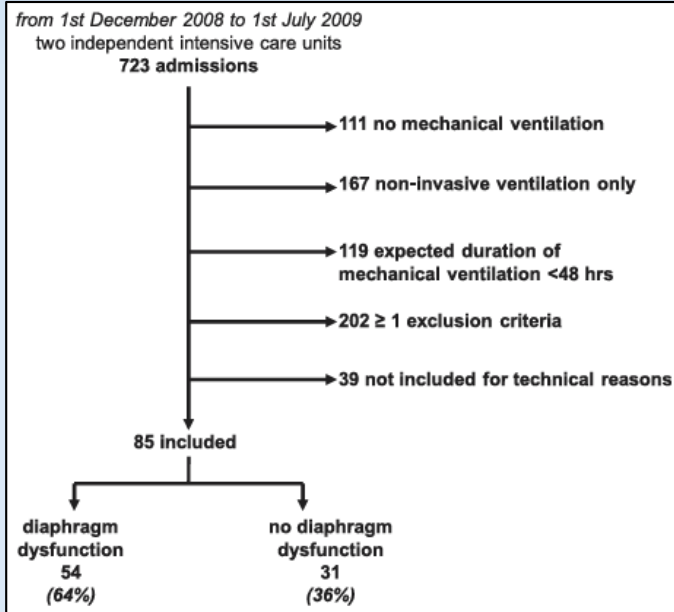
**Dysfonction Diaphragmatique**

Sepsis...

# Diaphragm Dysfunction on Admission to the Intensive Care Unit

Prevalence, Risk Factors, and Prognostic Impact—A Prospective Study

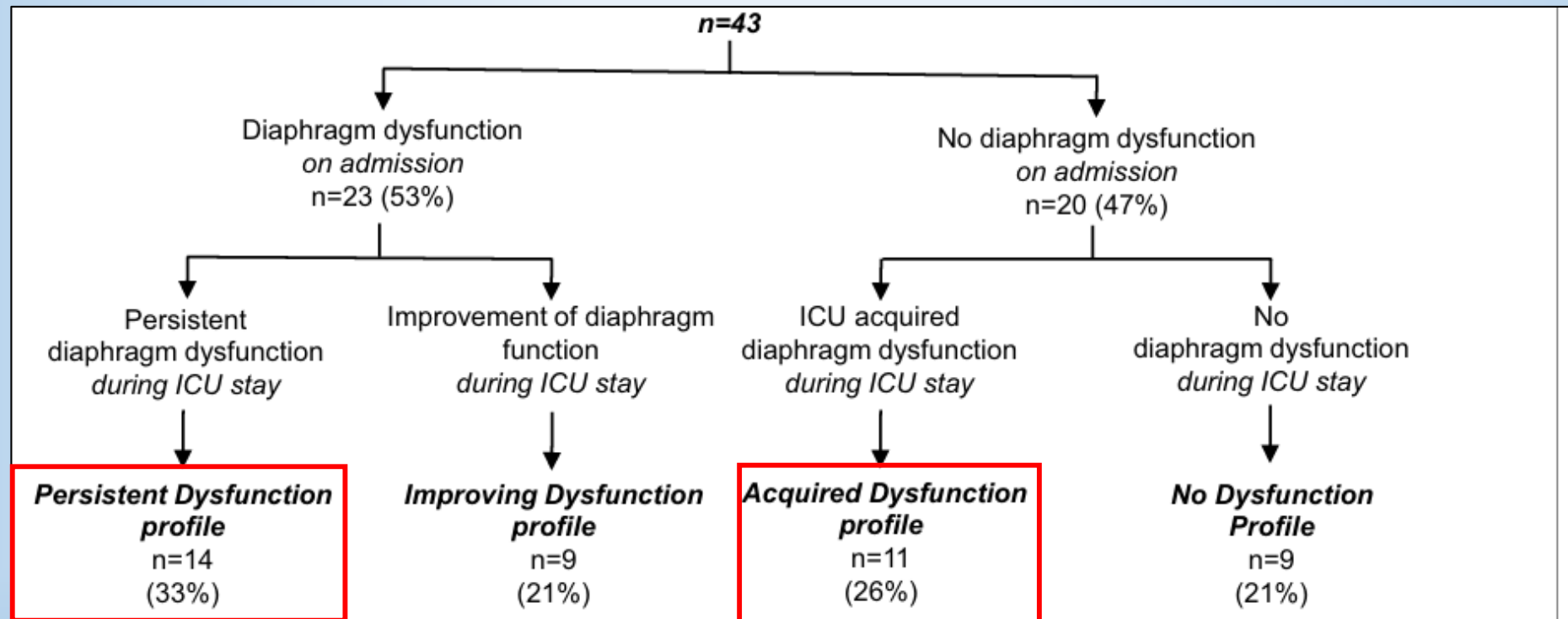
Alexandre Demoule<sup>1,2,3</sup>, Boris Jung<sup>4,5</sup>, H el ene Prodanovic<sup>2</sup>, Nicolas Molinari<sup>6</sup>, Gerald Chanques<sup>4,5</sup>, Catherine Coirault<sup>3</sup>, Stefan Matecki<sup>5,7</sup>, Alexandre Duguet<sup>1,2</sup>, Thomas Similowski<sup>1,2\*</sup>, and Samir Jaber<sup>4,5\*</sup>



	All Patients (n = 85)	Diaphragm Dysfunction (Defined as Ptr, stim < 11 cm H <sub>2</sub> O)		P Value
		Yes (n = 54)	No (n = 31)	
SOFA	8 (5–11)	8 (6–11)	7 (3–9)	0.015
Sepsis, n (%)	52 (61)	41 (76)	11 (35)	0.001
Hypnotics, n (%)	71 (84)	48 (89)	23 (74)	0.079
Opioids, n (%)	60 (71)	38 (70)	22 (71)	0.954
Steroids, n (%)	42 (49)	28 (52)	14 (45)	0.553
Amion...	51 (60)	27 (60)	14 (45)	0.024

# Patterns of diaphragm function in critically ill patients receiving prolonged mechanical ventilation: a prospective longitudinal study

Alexandre Demoule<sup>1,2,7\*</sup>, Nicolas Molinari<sup>3</sup>, Boris Jung<sup>4,5</sup>, H el ene Prodanovic<sup>2</sup>, Gerald Chanques<sup>4,5</sup>, Stefan Matecki<sup>6</sup>, Julien Mayaux<sup>2</sup>, Thomas Similowski<sup>1,2</sup> and Samir Jaber<sup>4,5</sup>

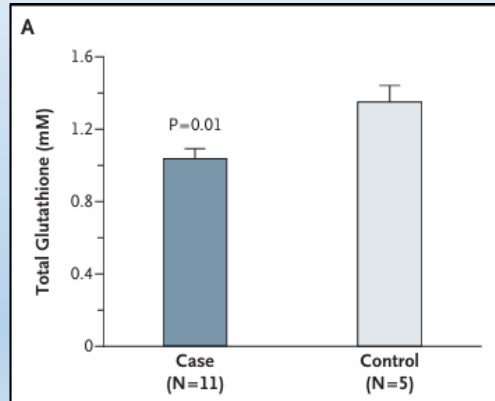
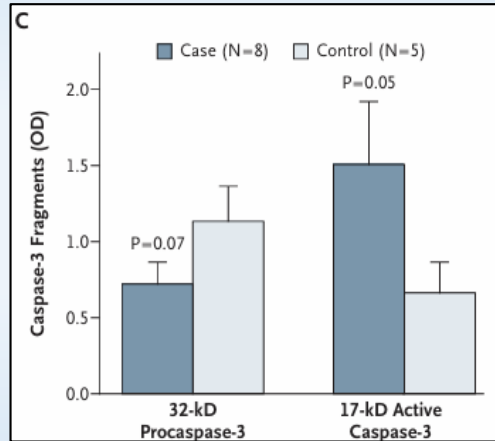
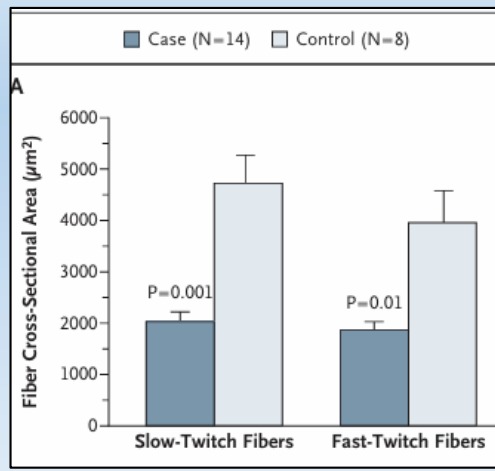
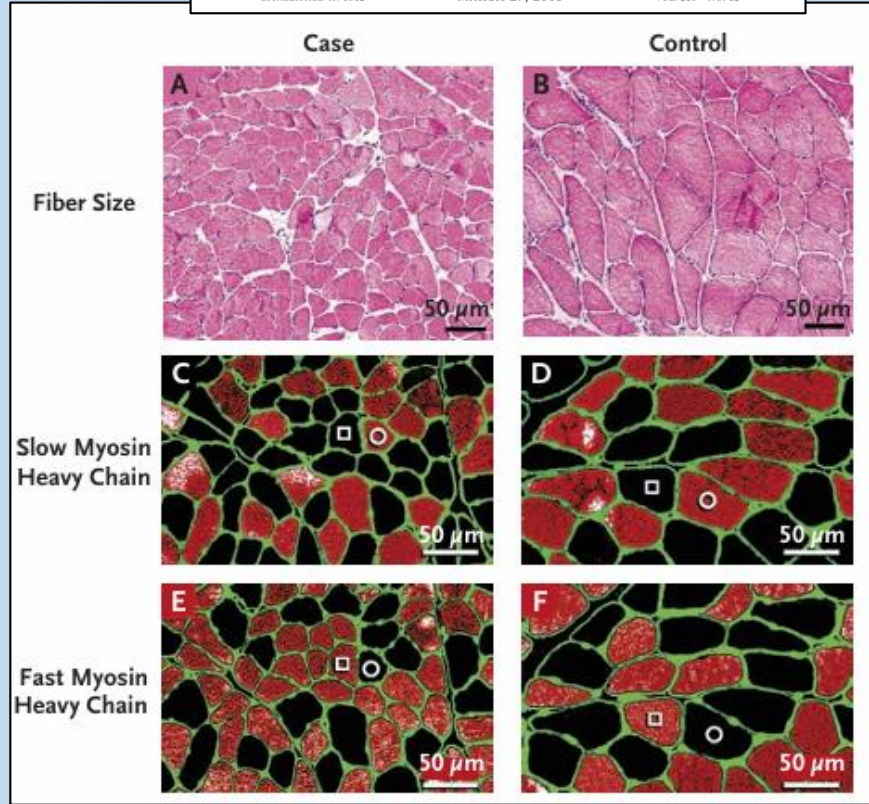


# Rapid Disuse Atrophy of Diaphragm Fibers in Mechanically Ventilated Humans

Sanford Levine, M.D., Taitan Nguyen, B.S.E., Nyalu Taylor, M.D., M.P.H., Michael E. Friscia, M.D., Murat T. Budak, M.D., [Name], M.D., Seema Sonnad, Ph.D., [Name], Ph.D., Ed.D.,

*The* **NEW ENGLAND**  
**JOURNAL** of *MEDICINE*

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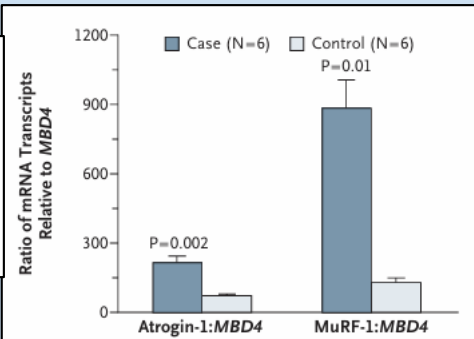
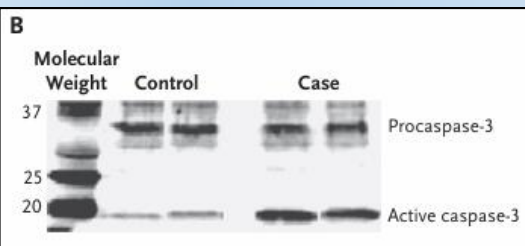
Sédation:  
*Narcotiques, curares*

Inhibition commande  
Respiratoire

Activité Diaphragmatique  
freinée

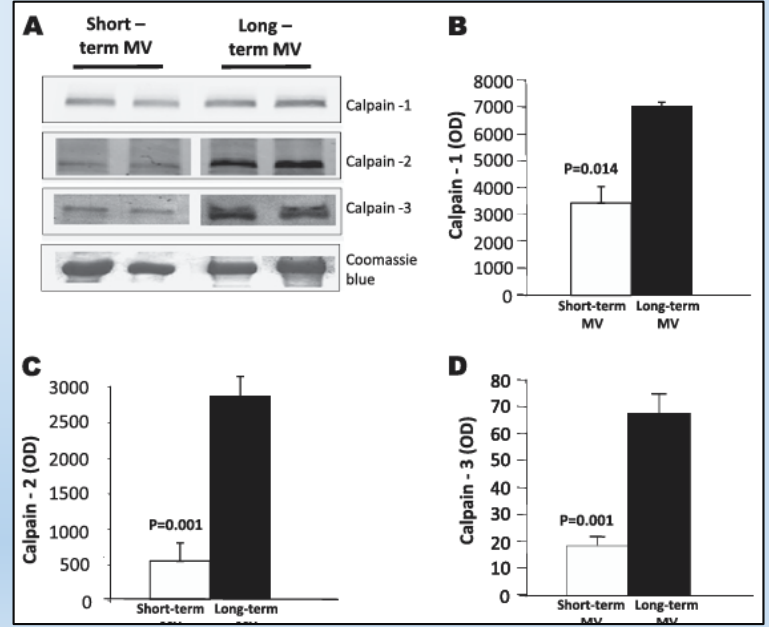
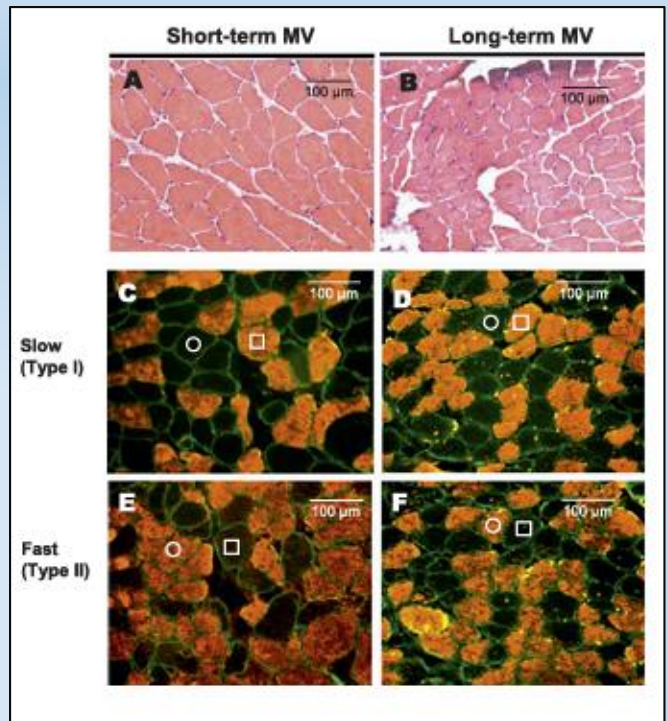
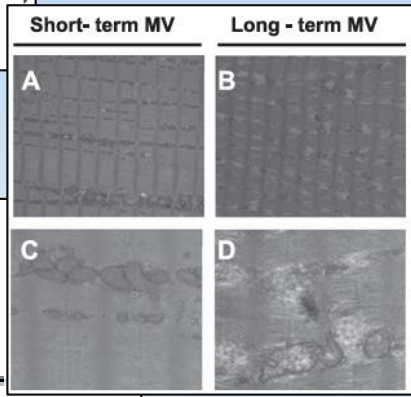
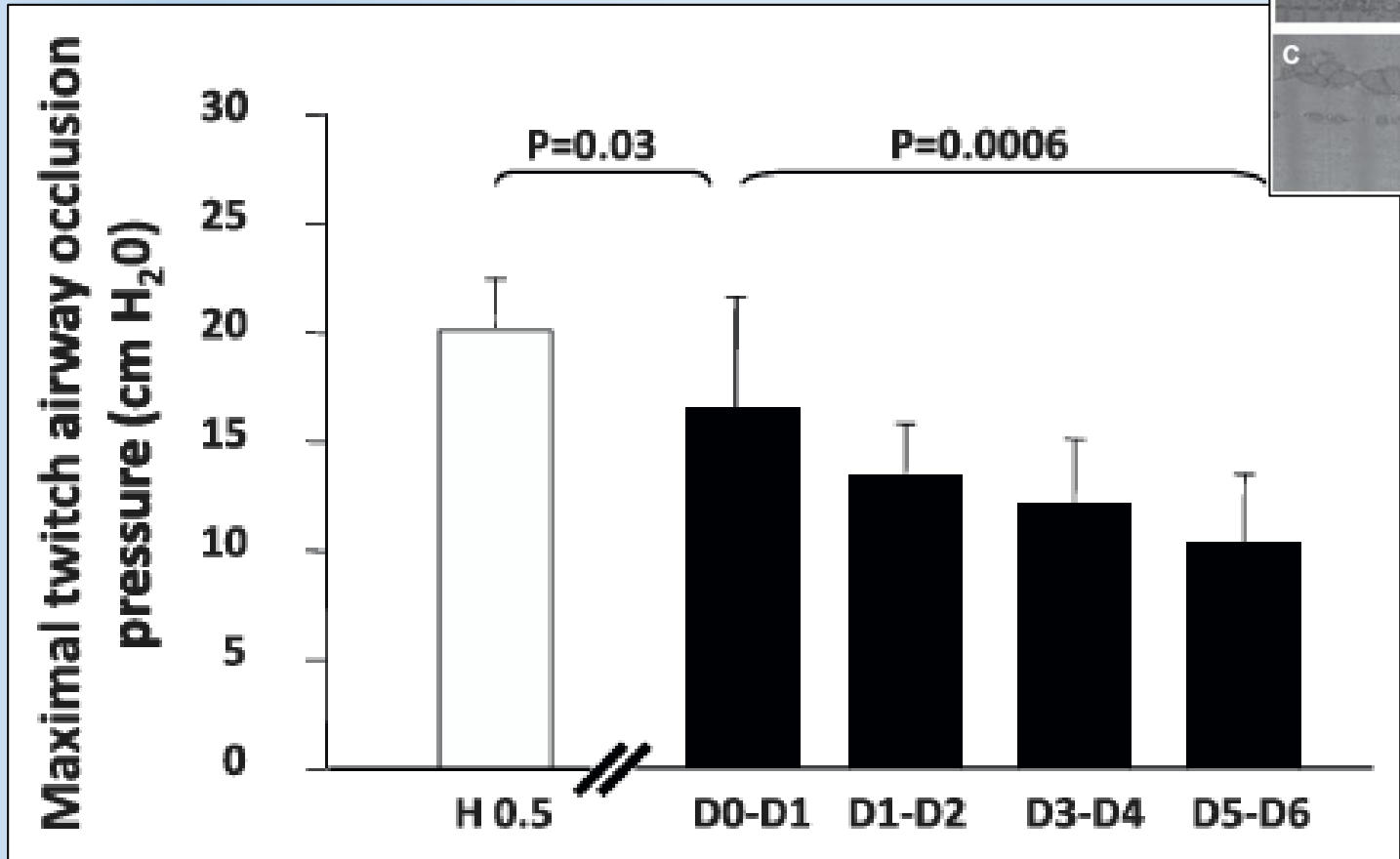
Atrophie Diaphragmatique  
(Perte de masse musculaire)

**Dysfonction  
Diaphragmatique**



# Rapidly Progressive Diaphragmatic Weakness and Injury during Mechanical Ventilation in Humans

Samir Jaber<sup>1,2,6</sup>, Basil J. Petrof<sup>3</sup>, Boris Jung<sup>1,2</sup>, Gérald Chanques<sup>1,2</sup>, Jean-Philippe Berthet<sup>4</sup>, Christophe Rabuel<sup>5</sup>, Hassan Bouyabrine<sup>6</sup>, Patricia Courouble<sup>1,2</sup>, Christelle Koechlin-Ramonatxo<sup>7</sup>, Mustapha Sebbane<sup>1,2</sup>, Thomas Similowski<sup>8</sup>, Valérie Scheuermann<sup>9</sup>, Alexandre Mebazaa<sup>5</sup>, Xavier Capdevila<sup>1,2</sup>, Dominique Mornet<sup>2</sup>, Jacques Mercier<sup>2,10</sup>, Alain Lacampagne<sup>9</sup>, Alexandre Philips<sup>2</sup>, and Stefan Matecki<sup>2,10</sup>

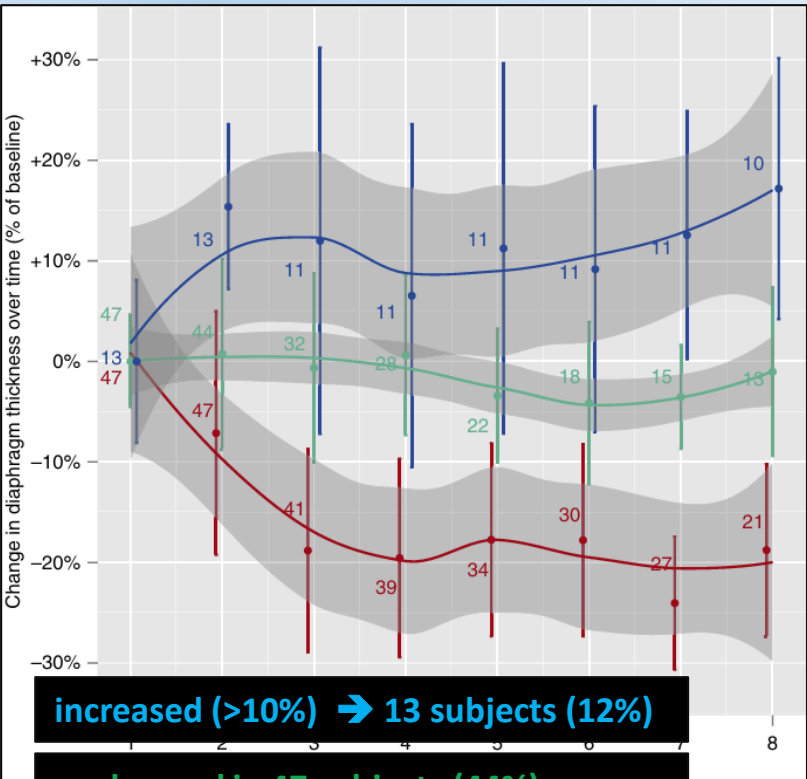


# Evolution of Diaphragm Thickness during Mechanical Ventilation

## Impact of Inspiratory Effort

Ewan C. Goligher<sup>1,2,3,4</sup>, Eddy Fan<sup>1,2,4,5</sup>, Margaret S. Herridge<sup>1,2,4,6</sup>, Alistair Murray<sup>1,4</sup>, Stefannie Vorona<sup>1,4</sup>, Debbie Brace<sup>1,4</sup>, Nuttapol Rittayamai<sup>1,7</sup>, Ashley Lanys<sup>1,4,7</sup>, George Tomlinson<sup>2</sup>, Jeffrey M. Singh<sup>1,2,4</sup>, Steffen-Sebastian Bolz<sup>3</sup>, Gordon D. Rubenfeld<sup>1,2,5,8</sup>, Brian P. Kavanagh<sup>1,3,9,10</sup>, Laurent J. Brochard<sup>1,2,7</sup>, and Niall D. Ferguson<sup>1,2,3,4,5,6</sup>

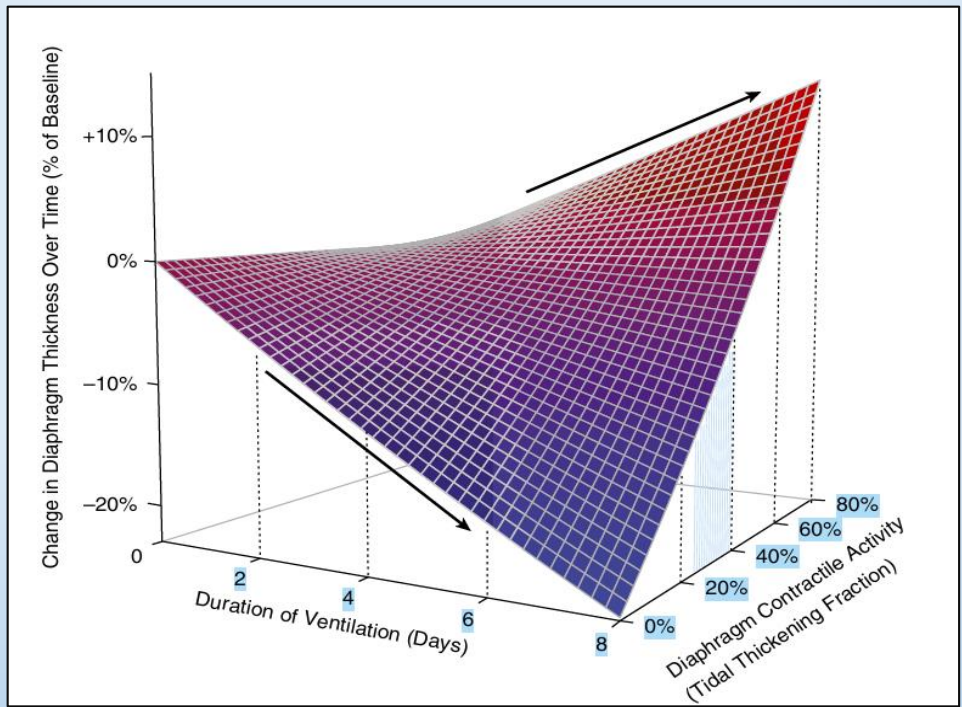
	Change in Diaphragm Thickness during the First Week of Mechanical Ventilation				P Value
	Overall Study Population (n = 107)	>10% Decrease (n = 47)	Within 10% of Baseline (n = 47)	>10% Increase (n = 13)	
Applied driving pressure, cm H <sub>2</sub> O, mean (SD)	11.0 (6.3)	12.2 (6.3)	10.4 (5.4)	8.5 (8.6)	0.04†



**increased (>10%) → 13 subjects (12%)**

**unchanged in 47 subjects (44%)**

**decreased (>10%) → 47 subjects (44%)**



**Group: Diaphragm Thickness Change**

- >10% loss on or before day 8
- <10% change on or before day 8
- >10% gain on or before day 8

Support ventilatoire élevé

Efforts Insuffisants

Sédation: Narcotiques, curares

Inhibition commande Respiratoire

Activité Diaphragmatique freinée

Atrophie Diaphragmatique

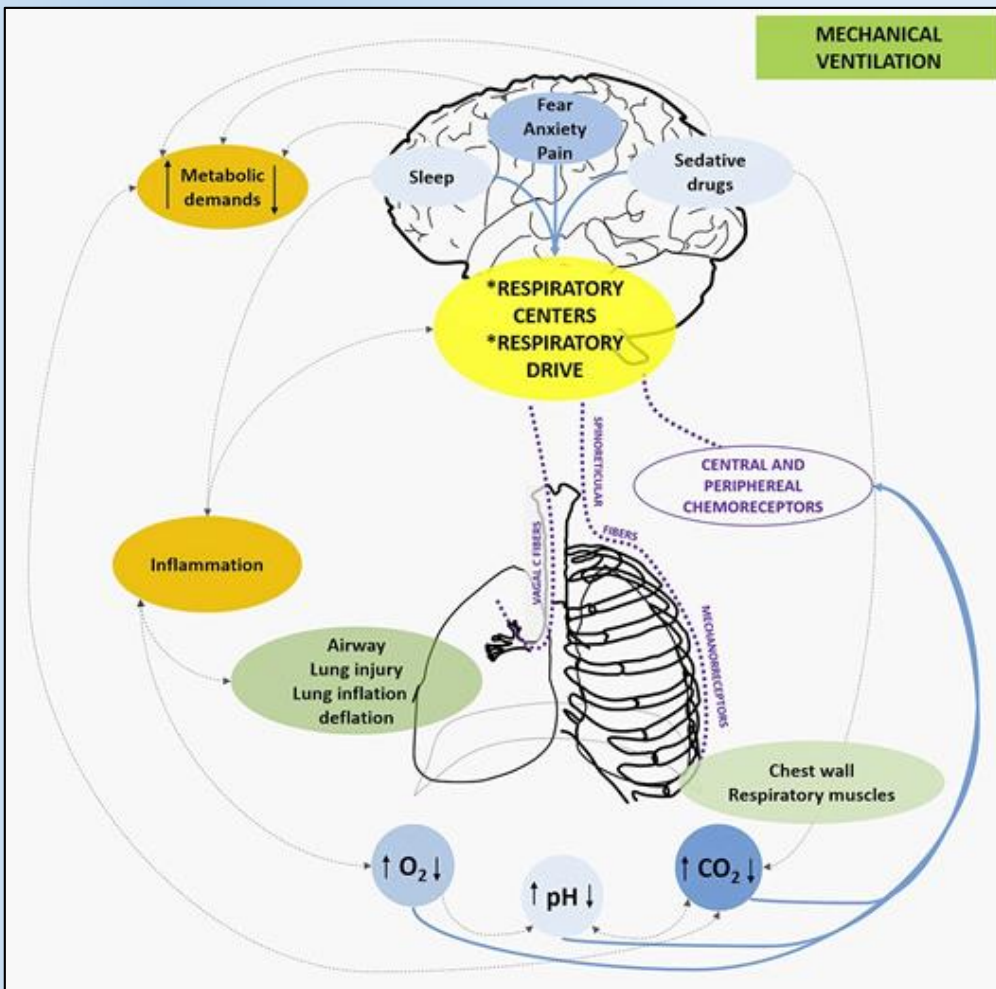
Dysfonction Diaphragmatique

## WHAT'S NEW IN INTENSIVE CARE

# Is my patient's respiratory drive (too) high?

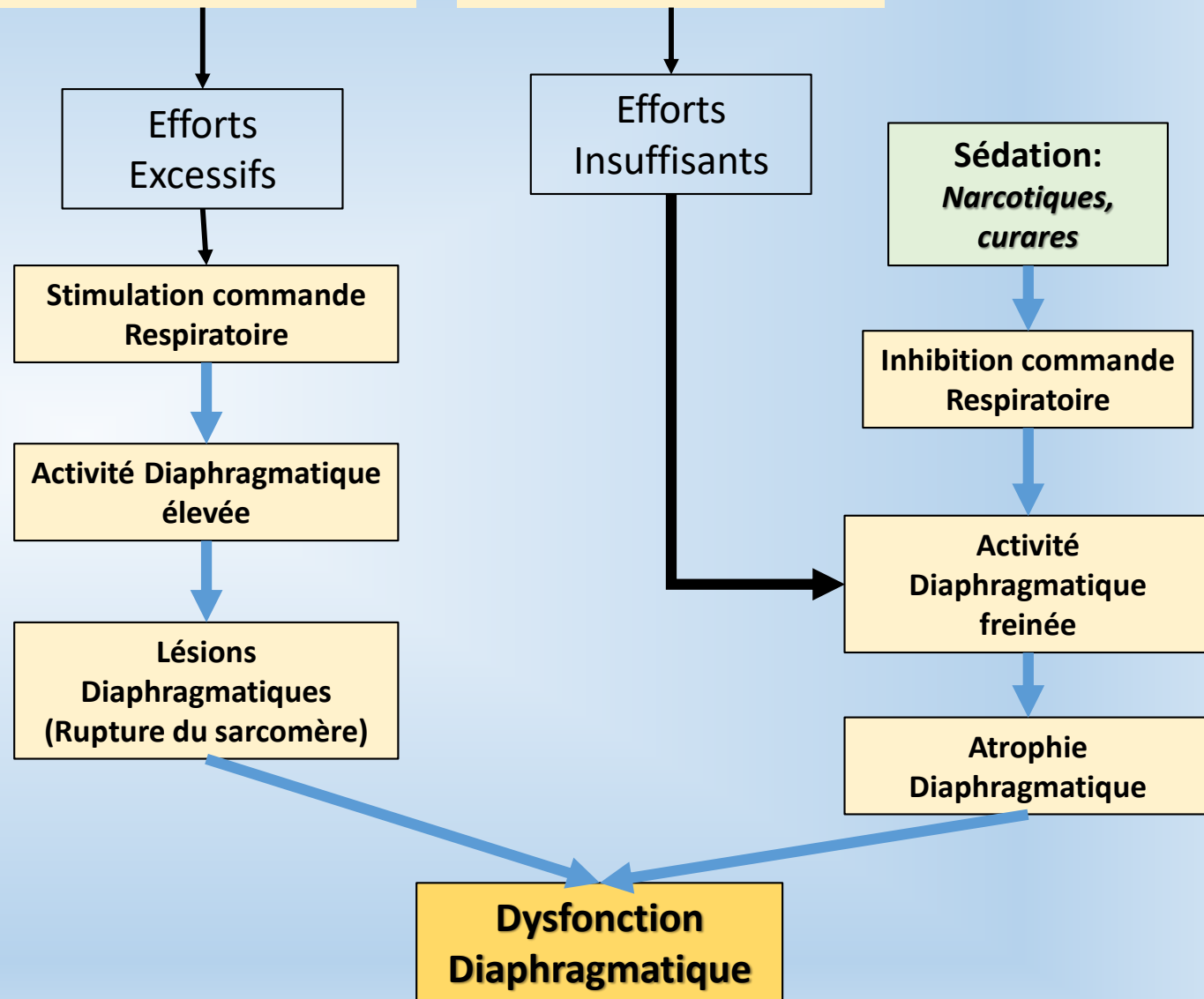
Irene Telias<sup>1,2,3,4</sup>, Laurent Brochard<sup>1,2\*</sup> and Ewan C. Goligher<sup>1,3</sup>

## HIGH RESPIRATORY DRIVE



*Support ventilatoire bas*

*Support ventilatoire élevé*



# Diaphragm Weakness in the Critically Ill

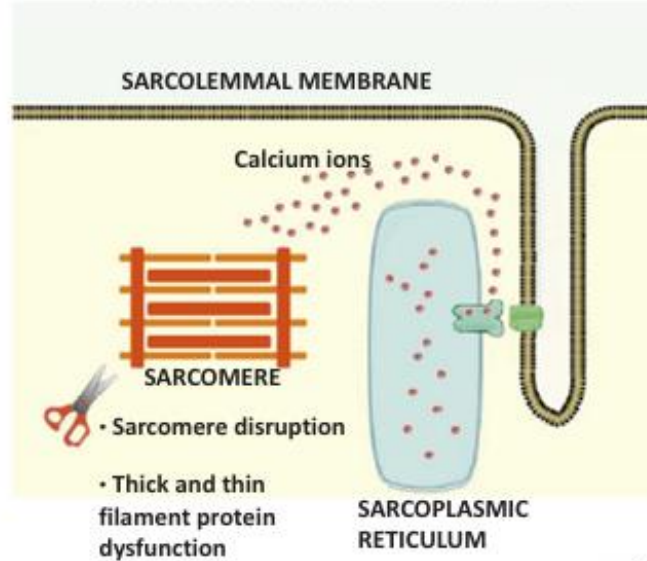
## Basic Mechanisms Reveal Therapeutic Opportunities

Basil J. Petrof, MD



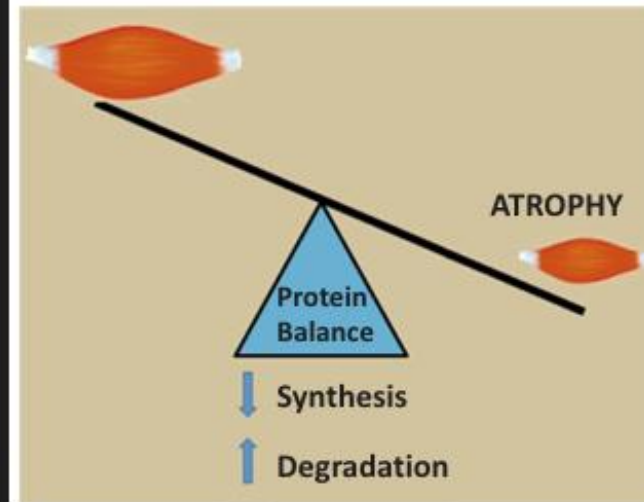
### 1) Impairment of muscle quality

- Defective contractile mechanisms

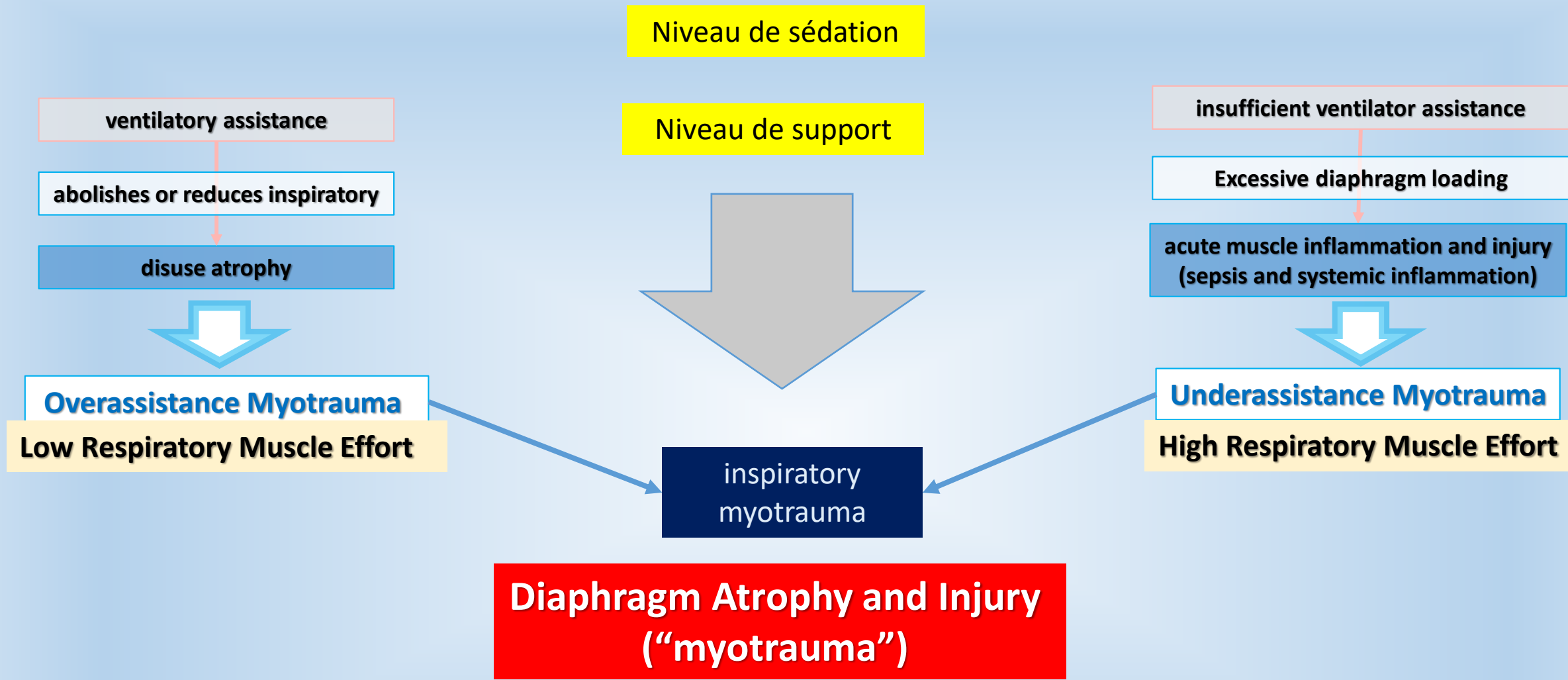


### 2) Decreased muscle quantity

- Altered protein balance



**Diaphragm weakness**



# Eccentric Contractions of the Diaphragm During Mechanical Ventilation

Patricio García-Valdés, Tiziana Fernández, Yorschua Jalil, Luis Peñailillo, and L Felipe Damiani

Diaphragm eccentric contraction

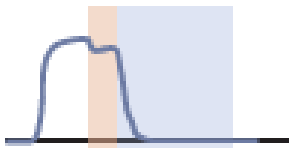


contracts during expiratory phase

Diaphragm concentric contraction



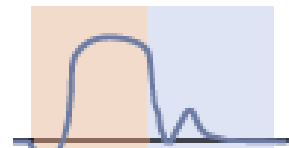
Reverse triggering



Ineffective effort

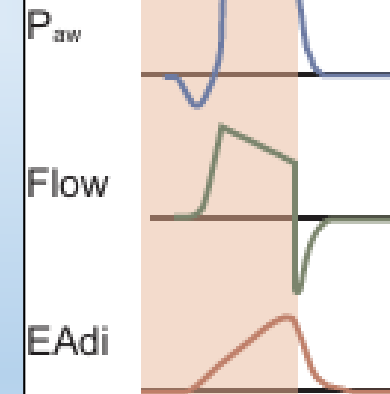


Short cycling



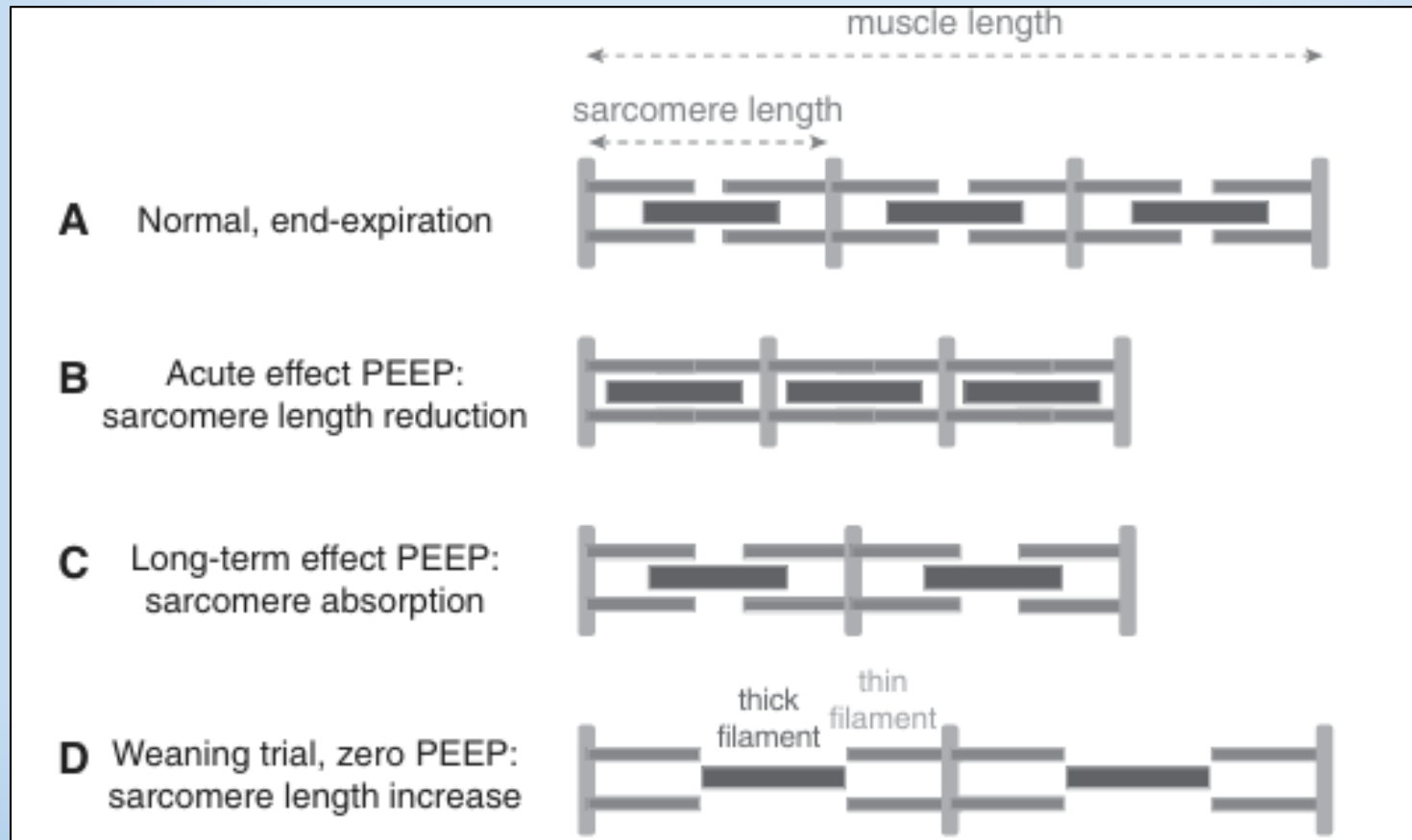
Muscle Injury

Regular cycling



## Positive End-Expiratory Pressure Ventilation Induces Longitudinal Atrophy in Diaphragm Fibers

Johan Lindqvist<sup>1\*</sup>, Marloes van den Berg<sup>2\*</sup>, Robbert van der Pijl<sup>1,2</sup>, Pleuni E. Hooijman<sup>2</sup>, Albertus Beishuizen<sup>3</sup>, Judith Elshof<sup>4</sup>, Monique de Waard<sup>4</sup>, Armand Girbes<sup>4</sup>, Angelique Spoelstra-de Man<sup>4</sup>, Zhong-Hua Shi<sup>5</sup>, Charissa van den Brom<sup>6</sup>, Sylvia Bogaards<sup>2</sup>, Shengyi Shen<sup>1</sup>, Joshua Strom<sup>1</sup>, Henk Granzier<sup>1</sup>, Jeroen Kole<sup>2</sup>, René J. P. Musters<sup>2</sup>, Marinus A. Paul<sup>7</sup>, Leo M. A. Heunks<sup>4</sup>, and Coen A. C. Ottenheijm<sup>1,2</sup>



1

Facteurs physiopathologiques à l'origine du Myotrauma ?

2

Monitoring de l'effort inspiratoire ?

3

Gestion Effort inspiratoire inadapté ?

# Monitorage de l'effort inspiratoire



With Esophageal Pressure

Without Esophageal Pressure

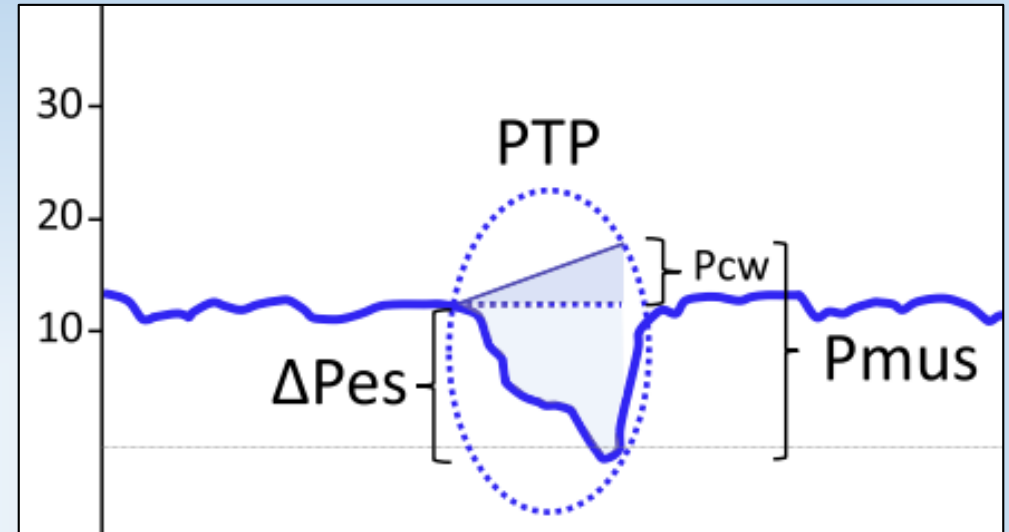
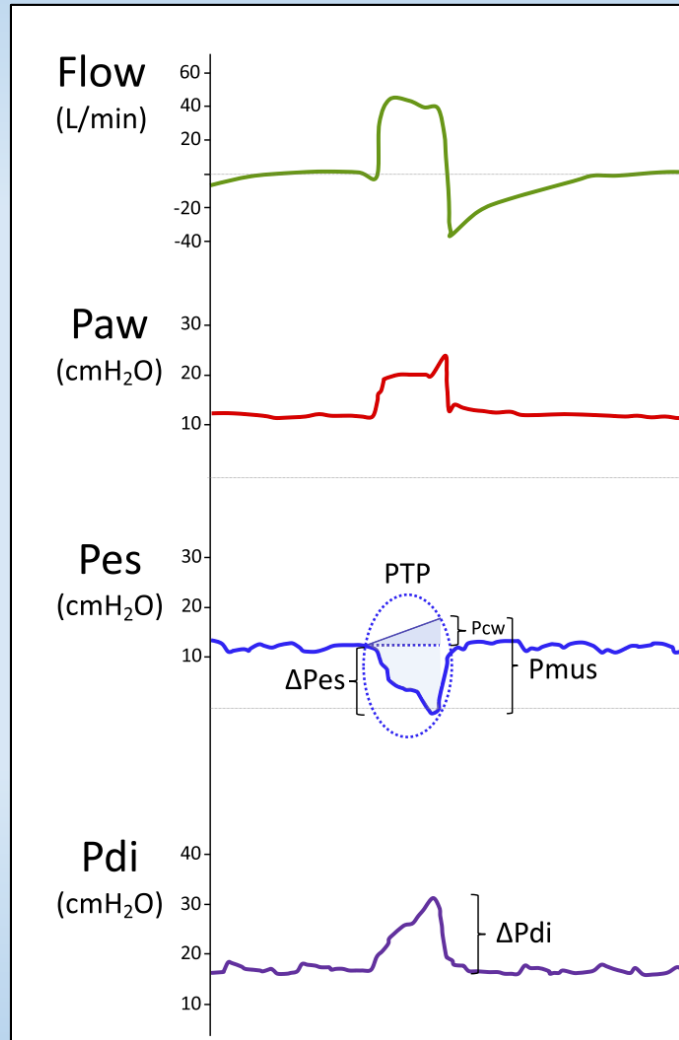
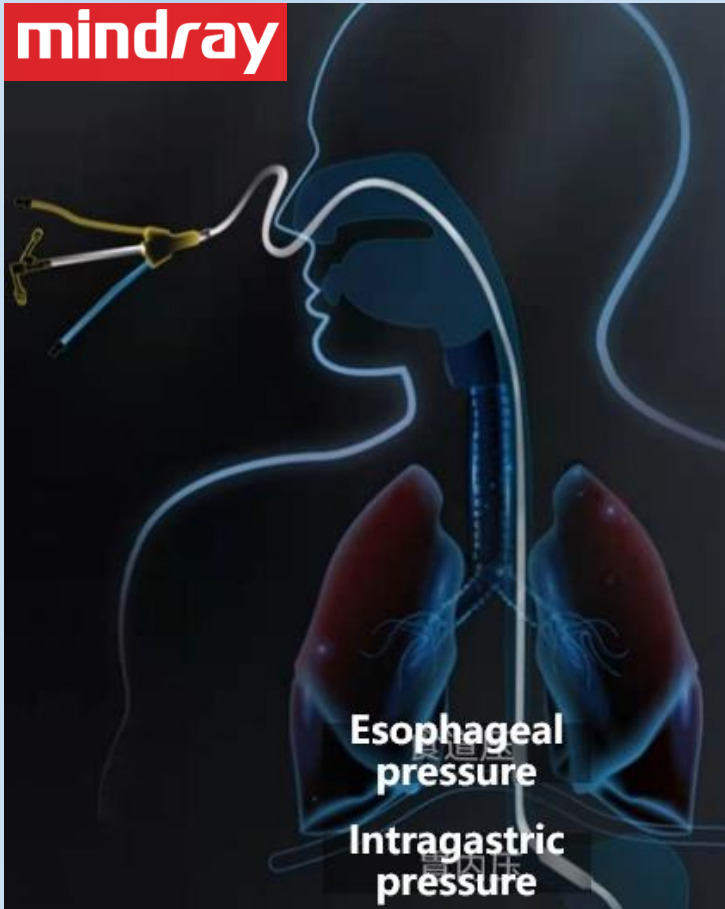
Gold standard

Simples, disponibles

# Effort Inspiratoire

# With Esophageal Pressure

mindray



$\Delta P_{es}$  : - 3 à - 8 cmH<sub>2</sub>O

$\Delta P_{di}$  : > 3 à < 12 cmH<sub>2</sub>O

Pmus :  $\geq 5$  et < 15 cmH<sub>2</sub>O

PTP/min : 50 et 200 cmH<sub>2</sub>O\*s/min

## Without Esophageal Pressure

### Détecter

→ *absent*

Absence de déclenchement (seuil bas)

→ *Insuffisant*

Déclenchement (seuil bas)

→ *Excessif*

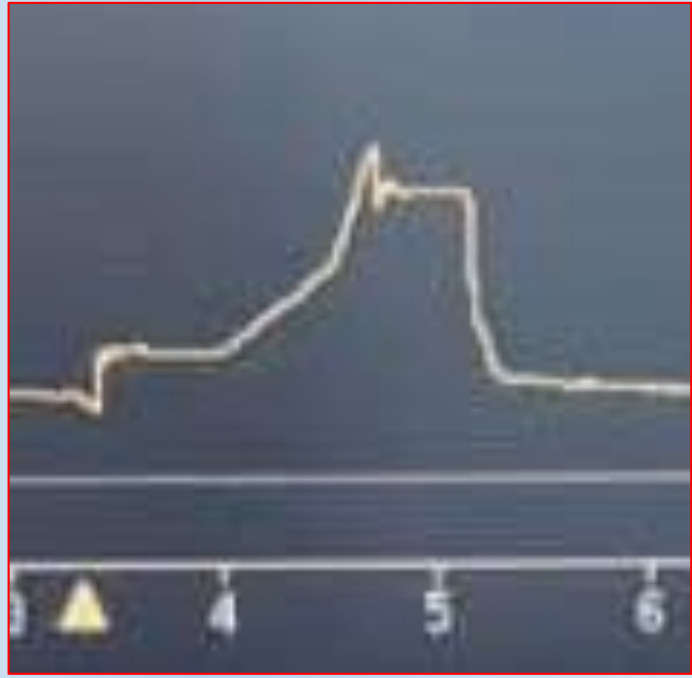
Asynchronie débit

Pressure Muscle Index (PMI)

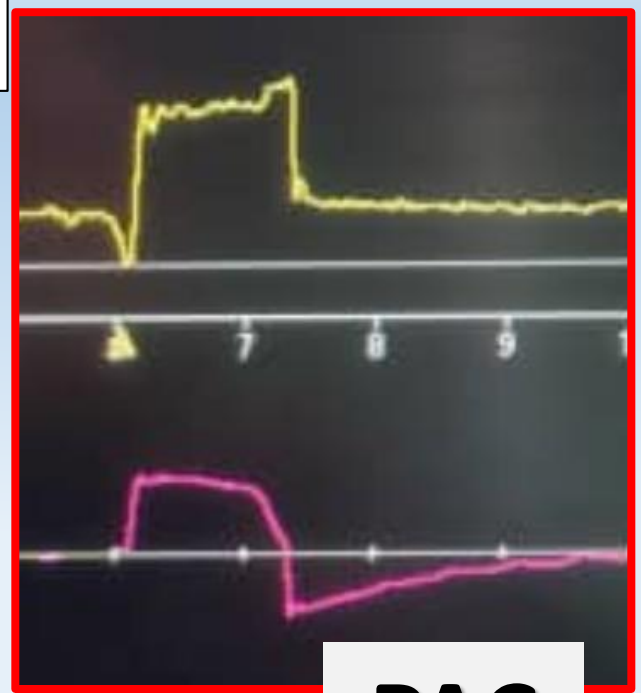
Pause INSPIRATOIRE

**Detector**

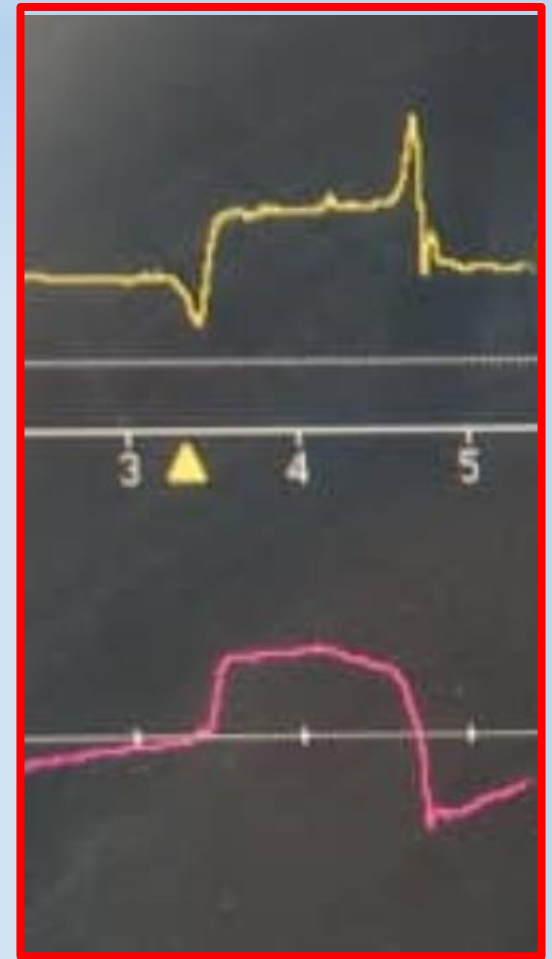
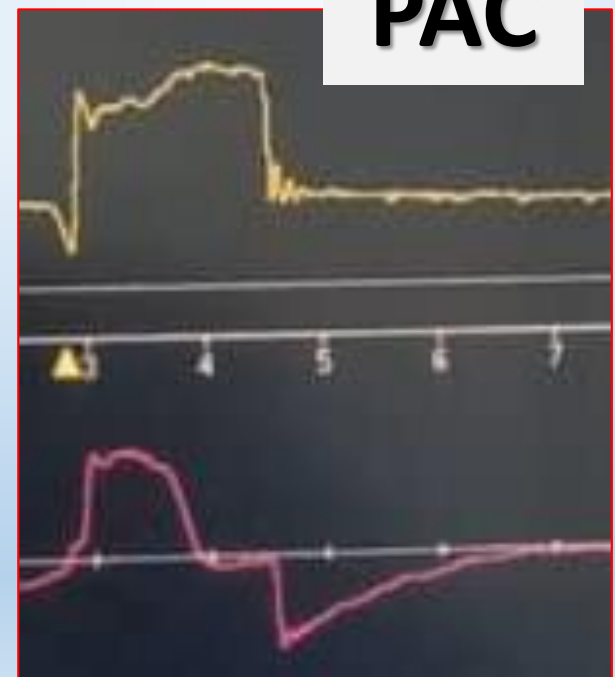
Asynchrone débit



**VAC**



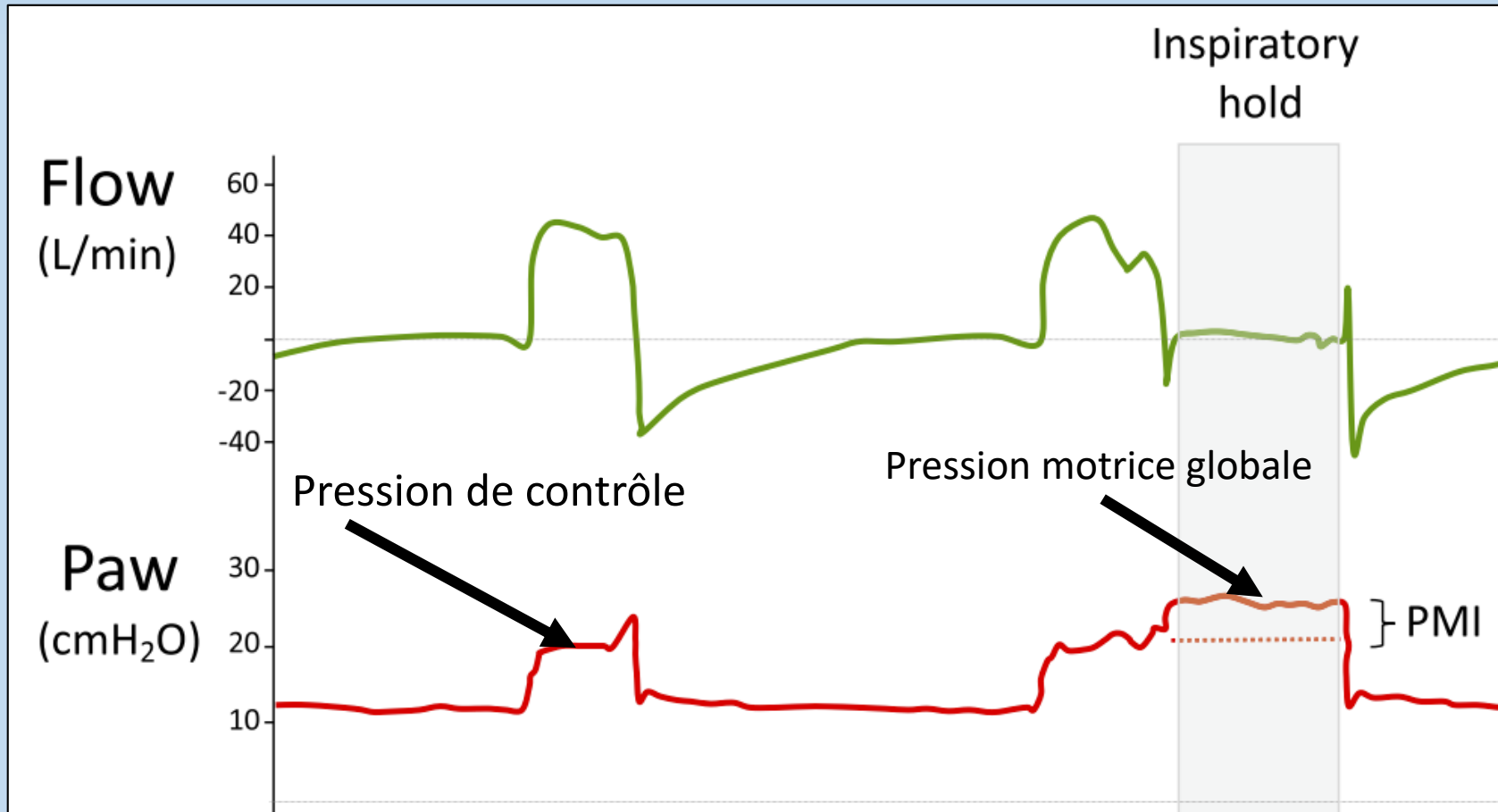
**PAC**



**PSV**

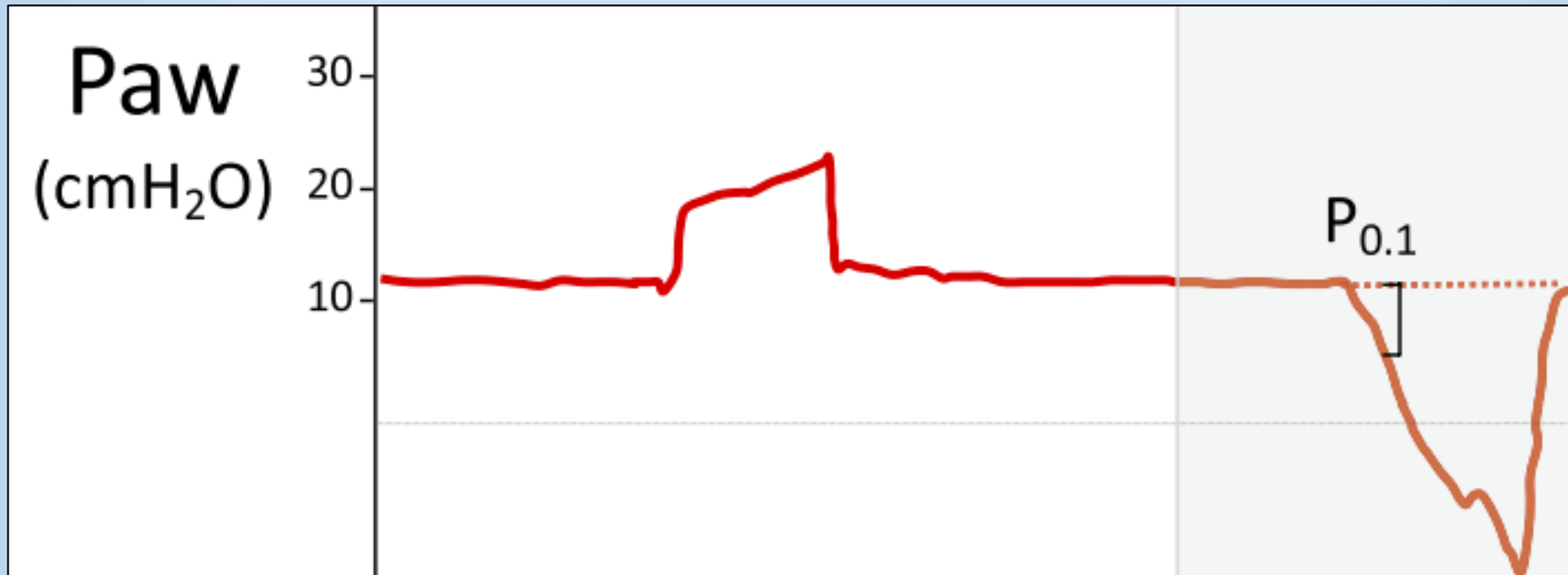
pressure muscle index (PMI)

Pause INSPIRATOIRE



PMI → différence entre Pplat et la pression maximale  
→ contribution des muscles respiratoires à la pression de distension globale statique.

## La pression d'occlusion des voies respiratoires ( $P_{0,1}$ )



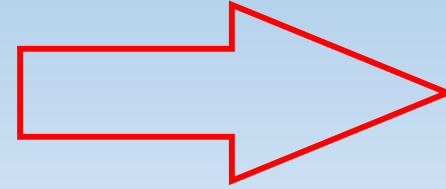
$P_{0,1} < 1,0 \text{ cmH}_2\text{O} \rightarrow$  prédit  $\text{PTP} < 50 \text{ cmH}_2\text{O} \cdot \text{sec}/\text{min}$

$P_{0,1} > 4,0 \text{ cmH}_2\text{O} \rightarrow$  prédit  $\text{PTP} > 200 \text{ cmH}_2\text{O} \cdot \text{sec}/\text{min}$

Pause EXPIRATOIRE

WHOLE BREATH OCCLUSION

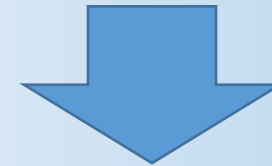
Airway pressure swing ( $\Delta P_{occ}$ )



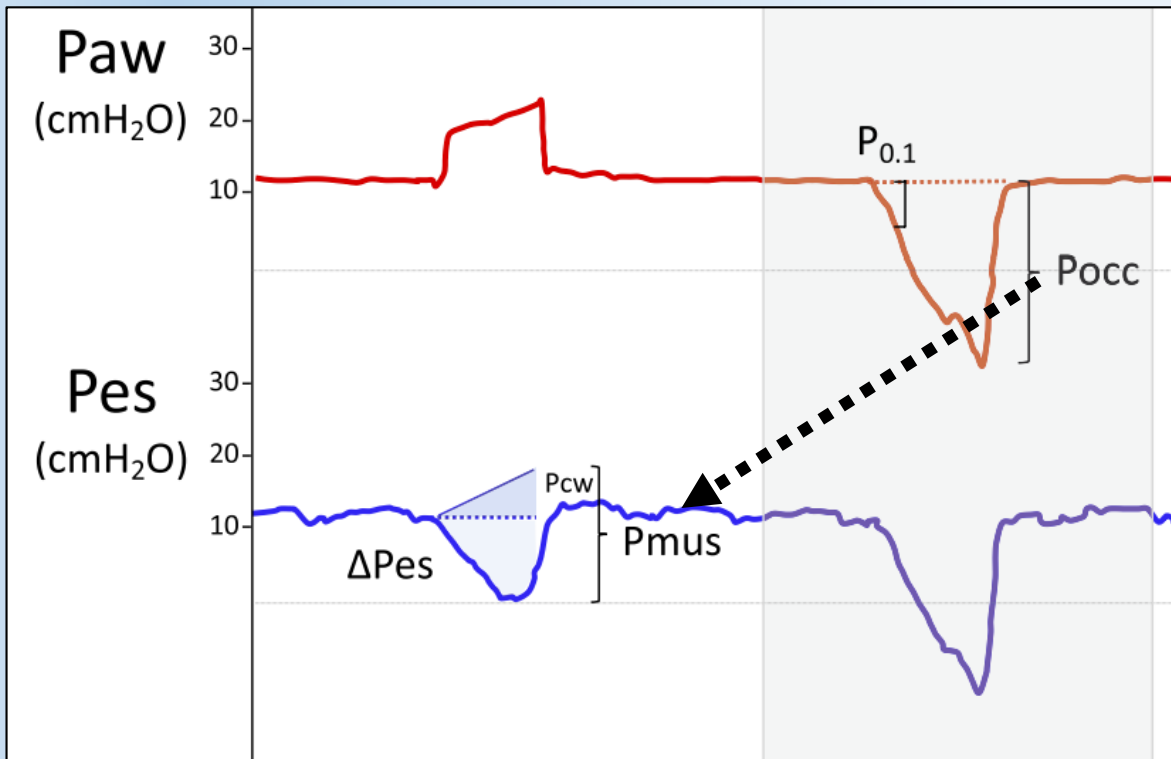
Respiratory Effort

$$\text{Predicted } P_{mus} = -3/4 \times P_{occ}$$

( $\Delta P_{occ}$  8–20 cmH<sub>2</sub>O)

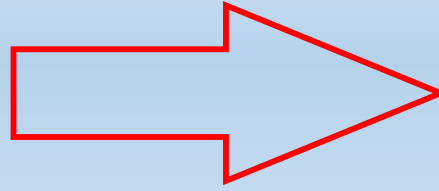


Predicted  $P_{mus}$  5–15 cmH<sub>2</sub>O



- *Non-invasive*
- *Easily measured at the bedside*
- *Can predict respiratory muscle effort ( $P_{mus}$ ) and transpulmonary pressure swing ( $\Delta PL_{dyn}$ )*

Diaphragm inspiratory thickening fraction (TFdi)

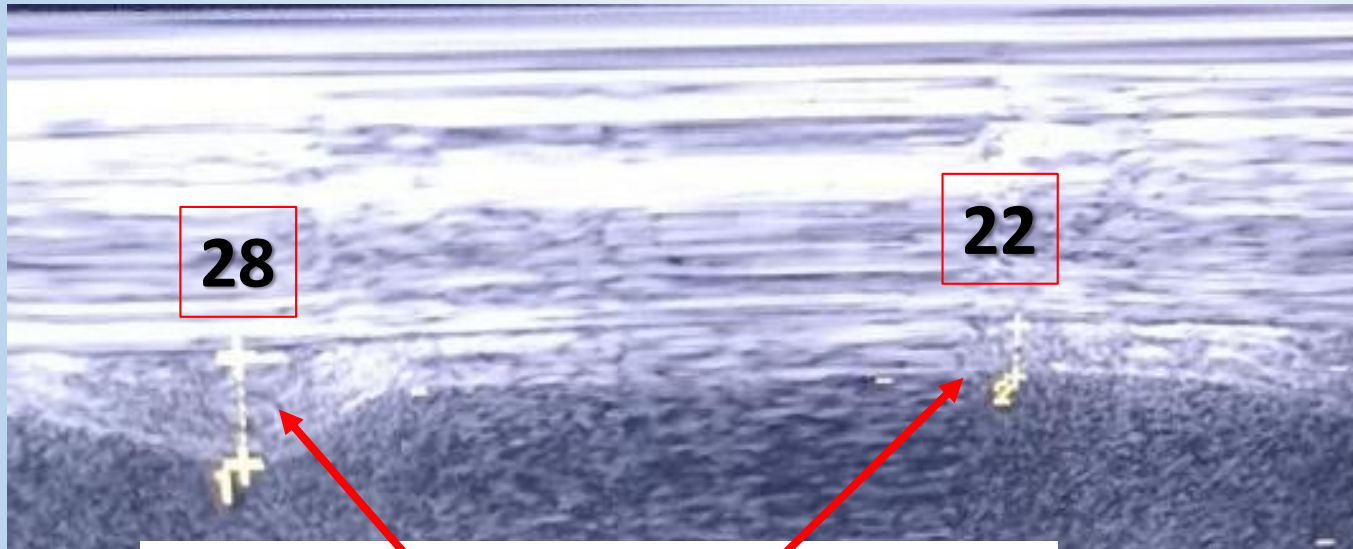


Diaphragmatic Effort (tidal TFdi)

ULTRASOUND

TFdi 15–30%

- *Non-invasive assessment of diaphragmatic contractility*



$$\text{Tfdi} = \frac{\text{Tei} - \text{Tee}}{\text{Tee}}$$

$$\text{Tfdi} = 27\%$$

1

Facteurs physiopathologiques à l'origine du Myotrauma ?

2

Monitoring de l'effort inspiratoire ?

3

Gestion Effort inspiratoire inadapté ?

→ *Insuffisant, absent*

→ *Excessif*

→ *Asynchronie (ventilateur)*

→ Protection poumon (VILI)

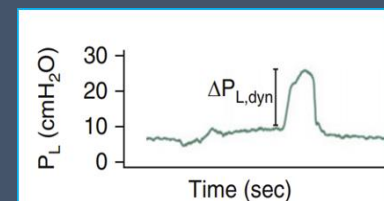
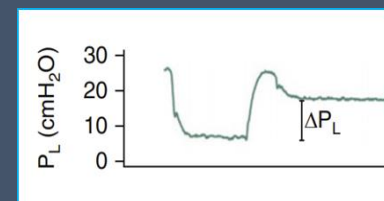
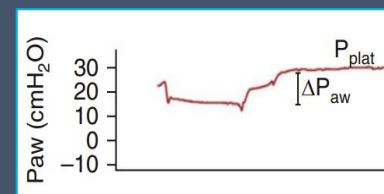
Vt : 4–6 ml/PBW

Plateau Pressure < 30 cmH2O

$\Delta P_{aw}$  < 15 cmH2O

( $\Delta P_L$ ) < 15 cmH2O

$\Delta P_{L,dyn}$  < 15–20 cmH2O



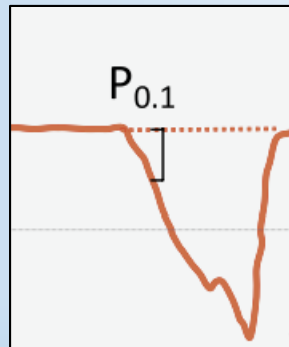
## Gestion Effort inspiratoire inadapté ?

→ *Insuffisant, absent*

→ Protection Diaphragme (Myotrauma)

- Lever précoce de la sédation
- Baisse seuil de sensibilité trigger inspiratoire
- Modes Assistés : baisser le degré de l'assistance

$P_{0,1} > 1 \text{ cmH}_2\text{O}$



TFdi > 15 %



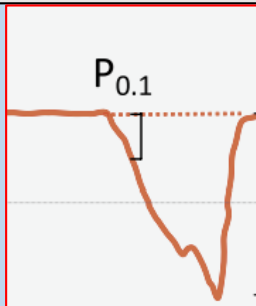
# Gestion Effort inspiratoire inadapté ?

→ *Excessif*

→ Protection Diaphragme (Myotrauma)+++

- Titration sédation
- Titration du degré de l'assistance

$P_{0,1} < 4\text{cmH}_2\text{O}$

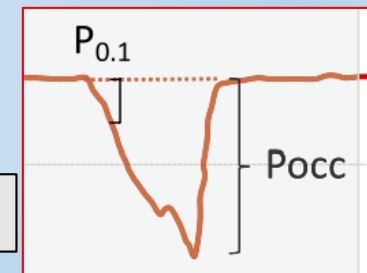


TFdi < 30%



$\Delta P_{occ} 8-20\text{ cmH}_2\text{O}$

Predicted  $P_{mus} 5-10\text{ cmH}_2\text{O}$



- Titration sédation
- Titration du degré de l'assistance

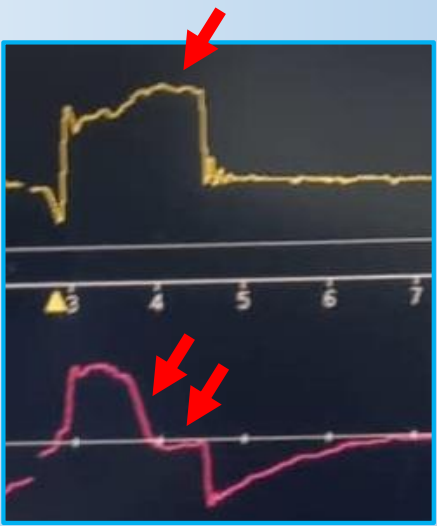
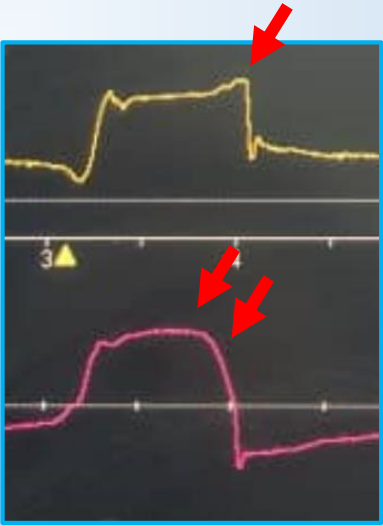
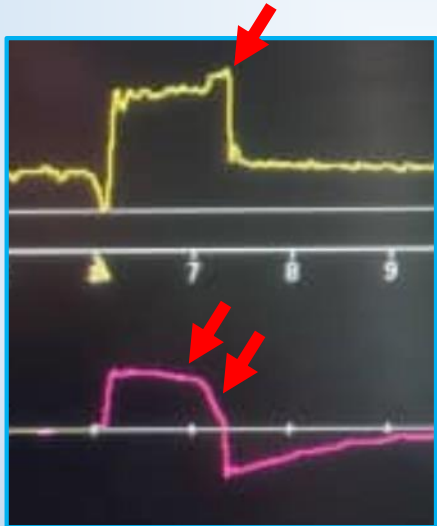


**Ventilation Pression Contrôlé ++++**

**Variations de l'effort Inspiratoire**

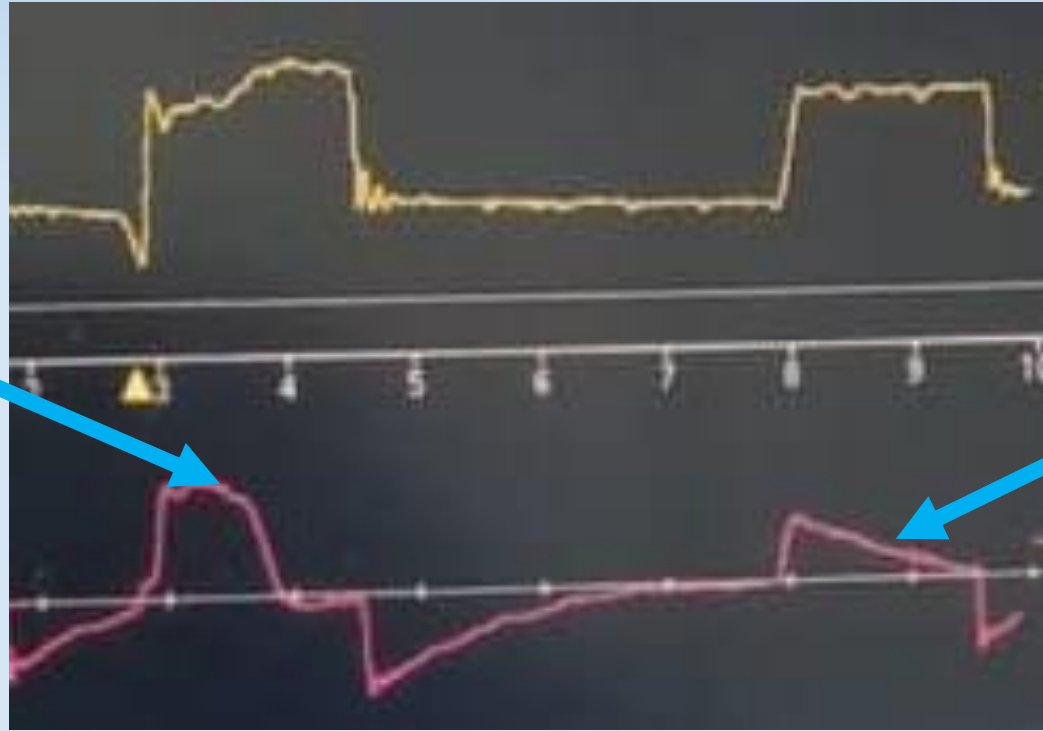


**Variations Débit inspiratoire**



# Sédation sans monitoring de l'effort inspiratoire

**Effort excessif**



**Aucun effort**

acute muscle inflammation and injury  
(sepsis and systemic inflammation)

**Underassistance Myotrauma**

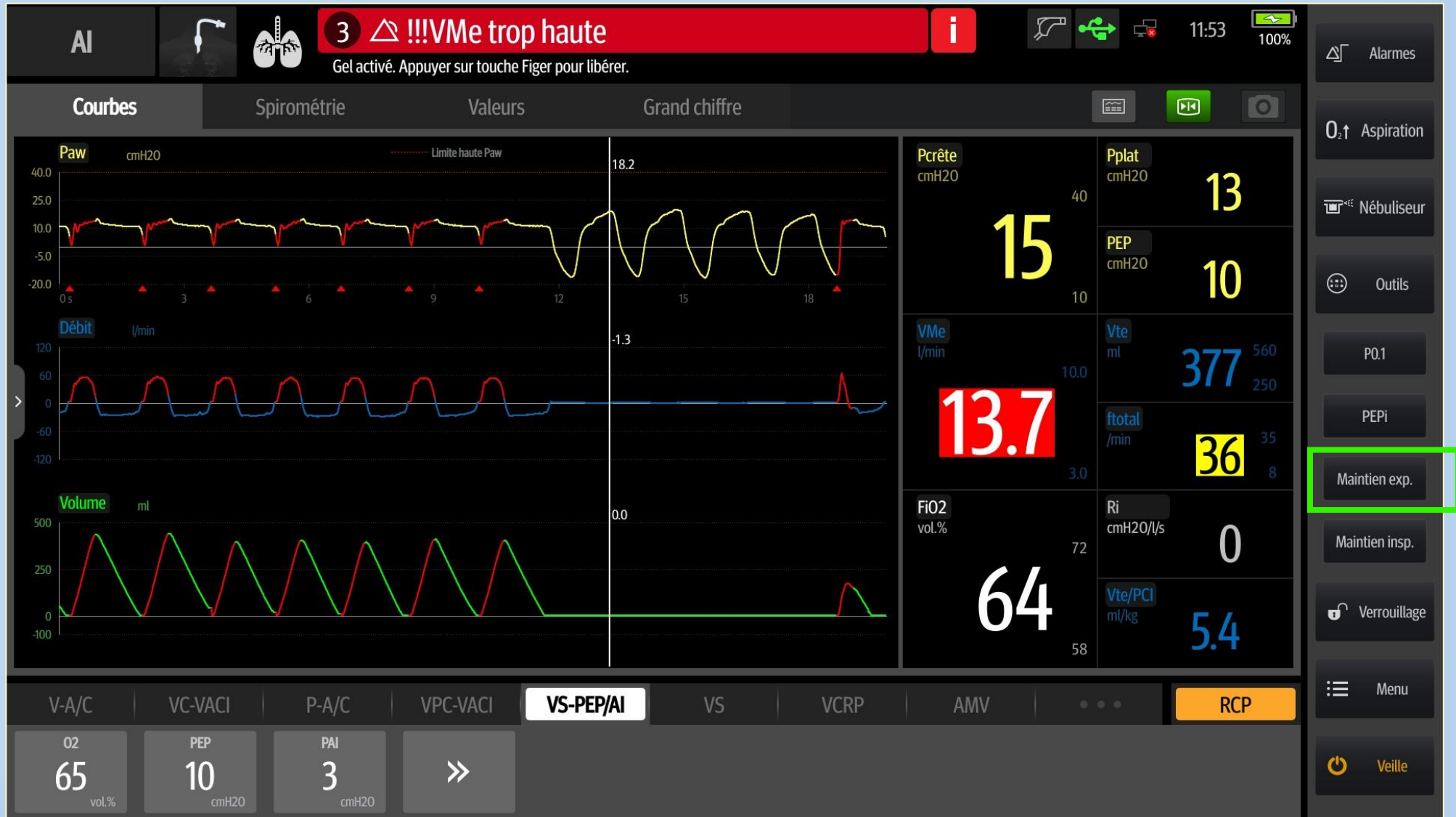
**High Respiratory Muscle Effort**

disuse atrophy

**Overassistance Myotrauma**

**Low Respiratory Muscle Effort**

# Sédation ciblée sur l'effort inspiratoire



➤ Predicted P<sub>mus</sub> 5–10 cmH<sub>2</sub>O (ΔP<sub>occ</sub> 8–20 cmH<sub>2</sub>O)

P0.1 cmH <sub>2</sub> O	-16.4
----------------------------	-------



$$\Delta P_{occ} = 18 - (-15.6) = 23.6 \text{ cmH}_2\text{O}$$

$$\text{Predicted } P_{mus} = -3/4 \times P_{occ}$$

$$\text{Predicted } P_{mus} = 3/4 \cdot 23.6 = \mathbf{17.7}$$

➤ Predicted P<sub>mus</sub> 5–10 cmH<sub>2</sub>O (ΔP<sub>occ</sub> 8–20 cmH<sub>2</sub>O)

Titration : sédation



P0.1 cmH <sub>2</sub> O	-1.8
----------------------------	------

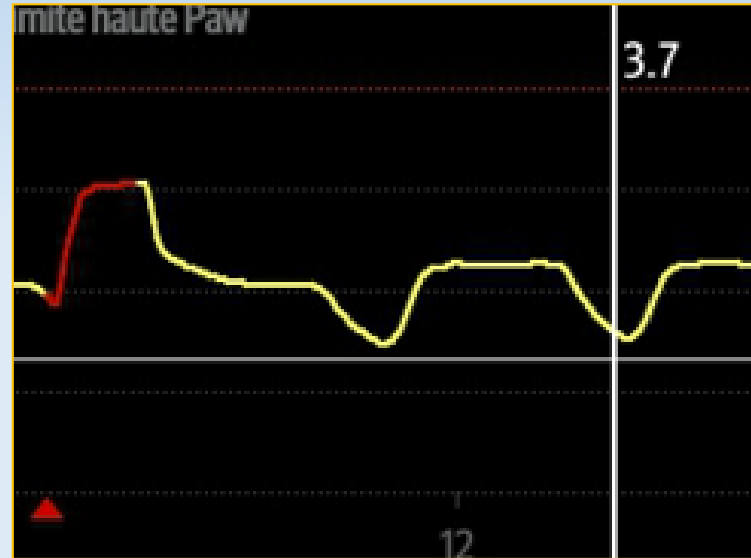
$$\Delta P_{occ} = 13.5 - (-3.5) = 17 \text{ cmH}_2\text{O}$$

$$\text{Predicted } P_{mus} = -3/4 \times P_{occ}$$

$$\text{Predicted } P_{mus} = 3/4 \cdot 17 = 12.75$$

➤ Predicted P<sub>mus</sub> 5–10 cmH<sub>2</sub>O (ΔP<sub>occ</sub> 8–20 cmH<sub>2</sub>O)

Titration : sédation



P0.1 cmH <sub>2</sub> O	-2.5
----------------------------	------

$$\Delta P_{occ} = 13.3 - (+3.7) = 9.6 \text{ cmH}_2\text{O}$$

$$\text{Predicted } P_{mus} = -3/4 \times P_{occ}$$

$$\text{Predicted } P_{mus} = 3/4 \cdot 9.6 = 7.2$$

Gestion Effort inspiratoire inadapté ?

→ *Asynchronie (ventilateur)*

→ Protection Diaphragme (Myotrauma)

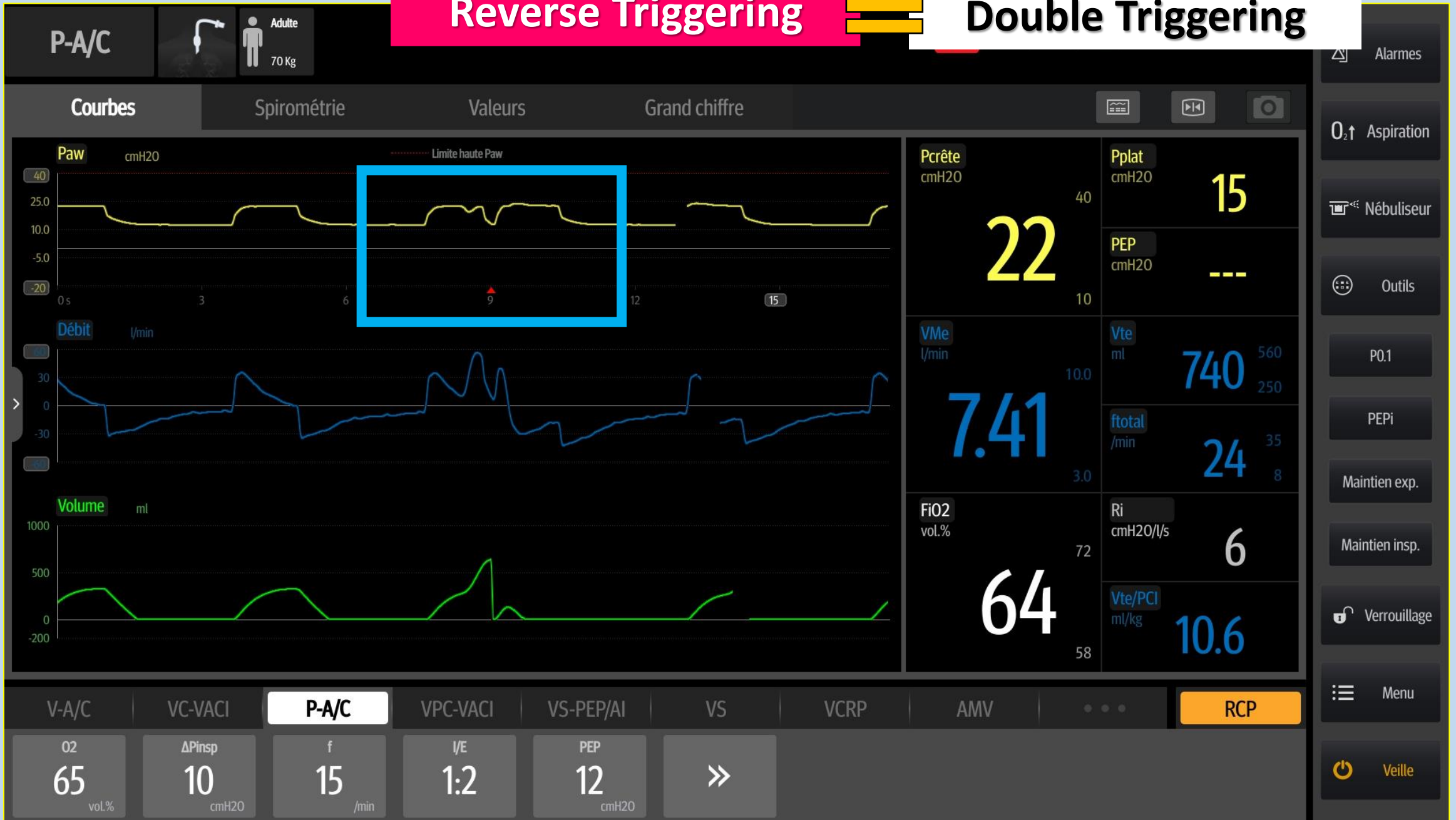
→ Reverse Triggering

→ Premature Cycling

→ Efforts inefficaces

# Reverse Triggering

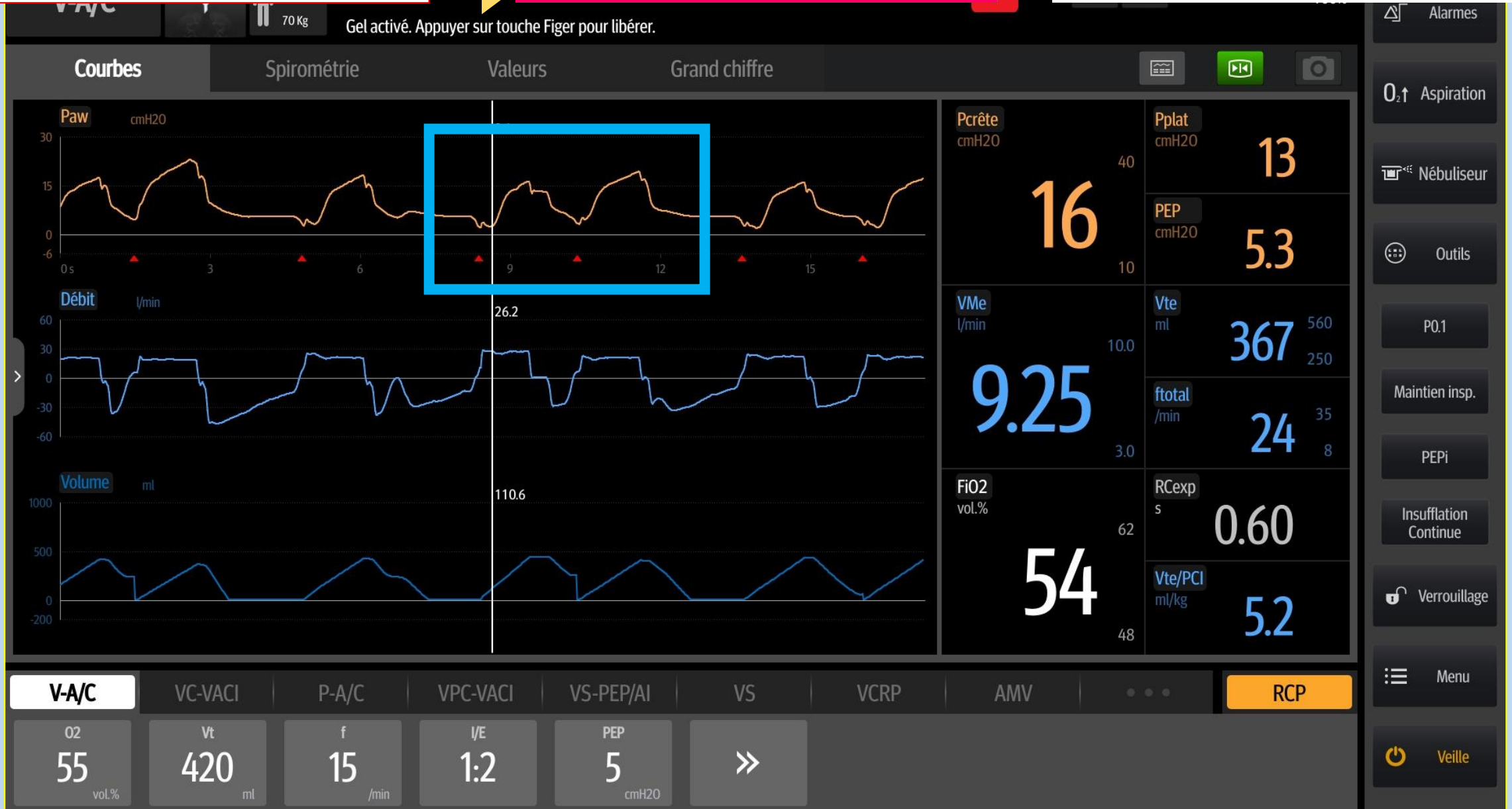
# Double Triggering



➔ **Effort Excessif**

**Premature Cycling**

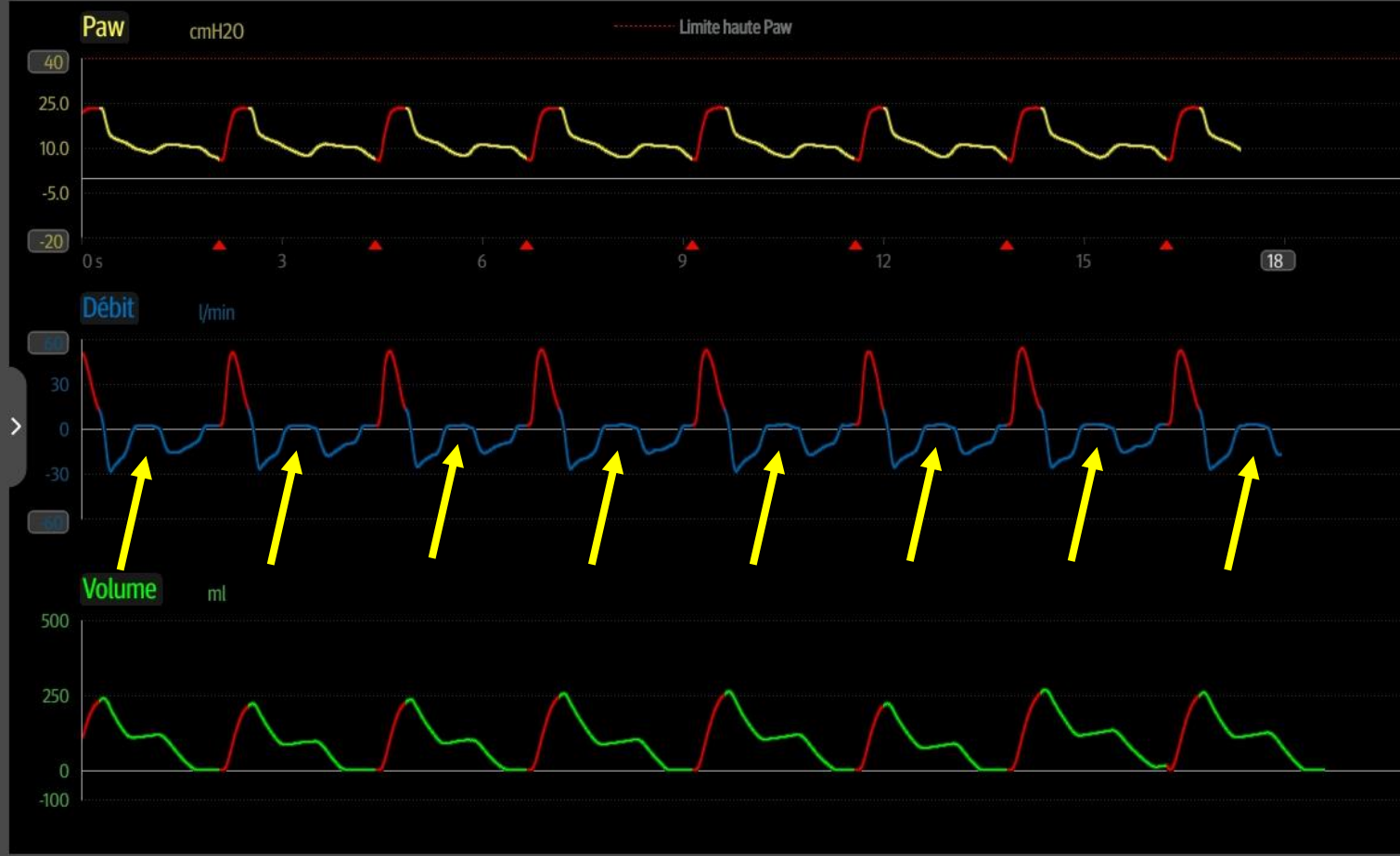
**Double Triggering**



# Efforts inefficaces

Courbes

Spirométrie



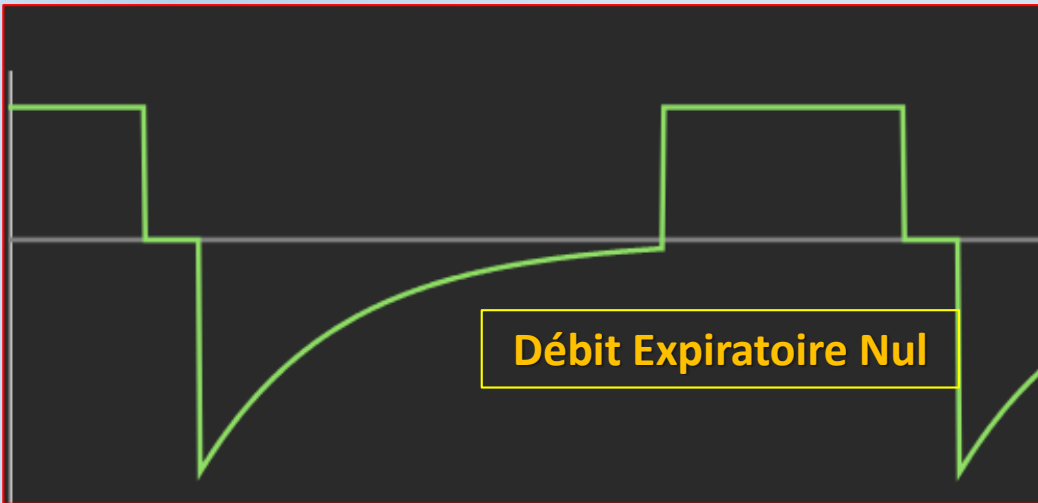
<b>Pcrête</b> cmH2O <b>23</b>	<b>Pplat</b> cmH2O <b>20</b>
<b>VMe</b> l/min <b>6.35</b>	<b>PEP</b> cmH2O <b>9.4</b>
<b>FiO2</b> vol.% <b>65</b>	<b>Vte</b> ml <b>245</b> 560 250
	<b>ftotal</b> /min <b>26</b> 35 8
	<b>Ri</b> cmH2O/l/s <b>5</b>
	<b>Vte/PCI</b> ml/kg <b>3.5</b>

V-A/C VC-VACI P-A/C VPC-VACI **VS-PEP/AI** VS VCRP AMV RCP

O2 **65** vol.% PEP **10** cmH2O PAI **13** cmH2O >>

# Efforts inefficaces

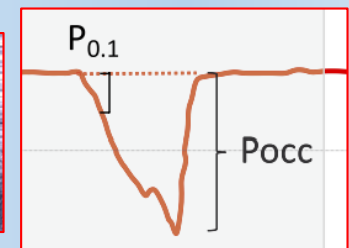
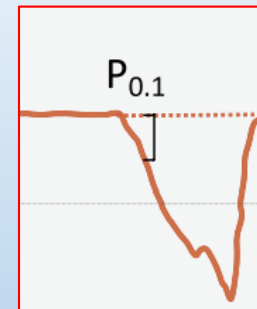
Absence d'Auto-PEP



Pression **ALVEOLAIRE** = Pression **VOIES AERIENNES**

- Lever la sédation
- Baisse seuil de sensibilité trigger inspiratoire

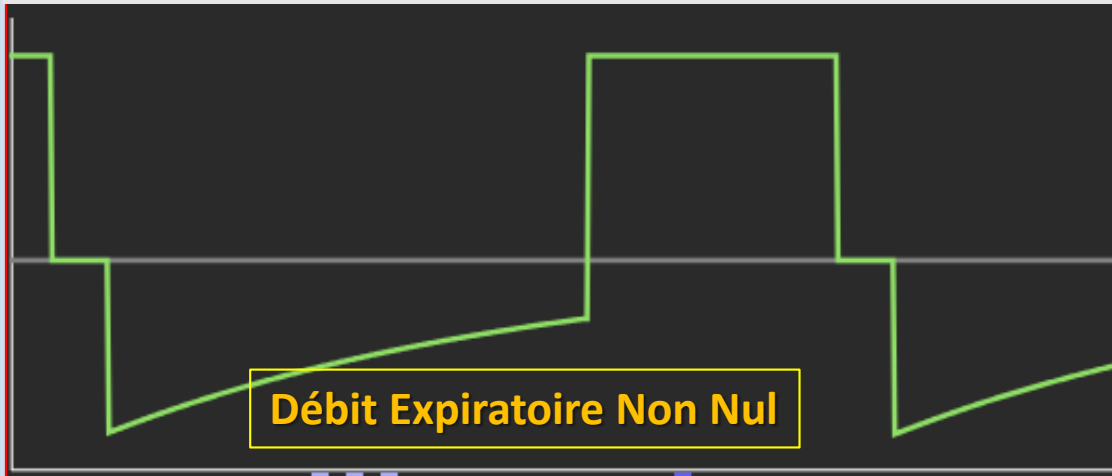
→ Dysfonction musculaire



*Monitoring effort inspiratoire*

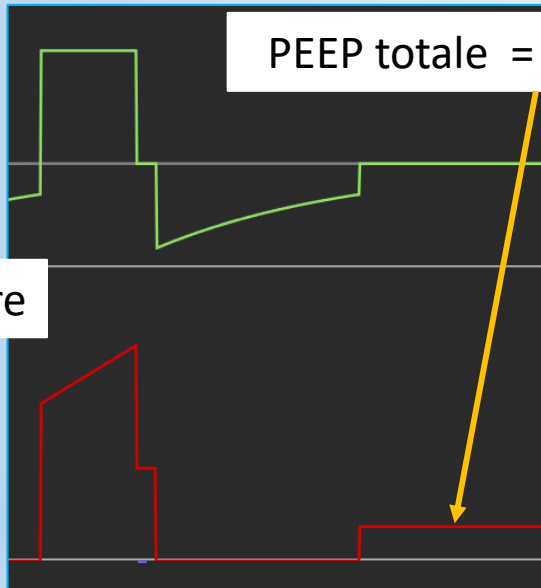
Présence D'auto-PEP

Pression **ALVEOLAIRE** >>> Pression **VOIES AERIENNES**



PEEP totale = PEEPi + ZEEP

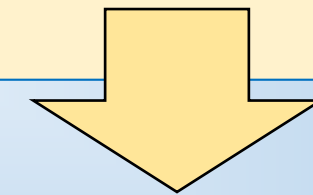
Pause expiratoire



**Efforts inefficaces**

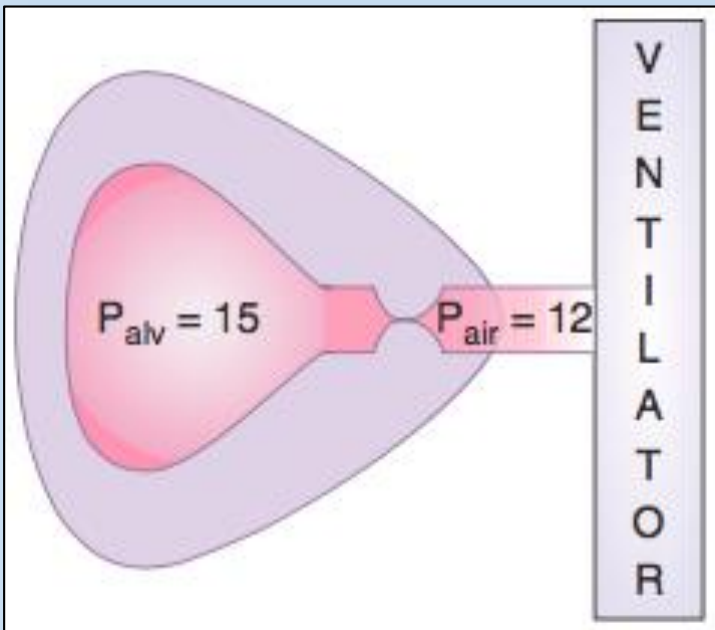
WATERFFALL EFFECT ?

*PEP Absorber?*

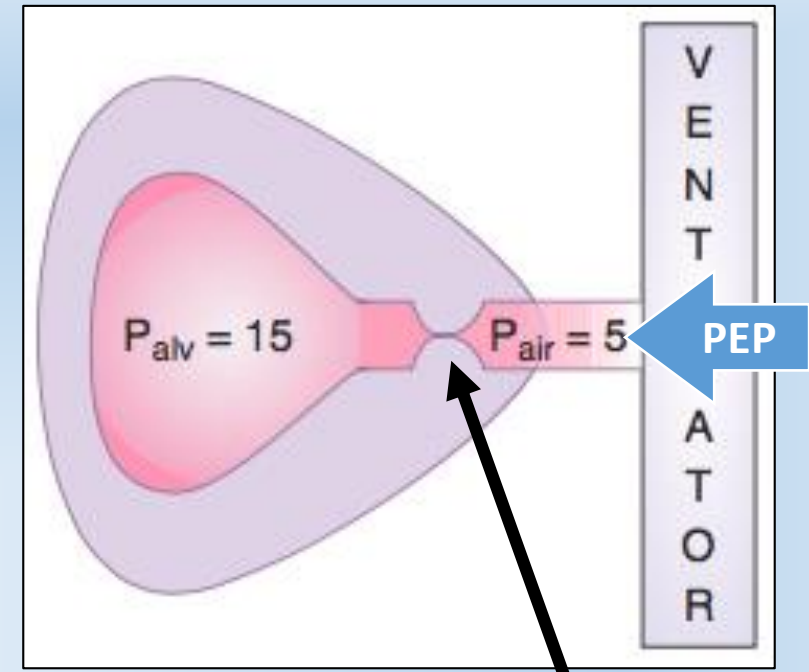


**PEP ??**

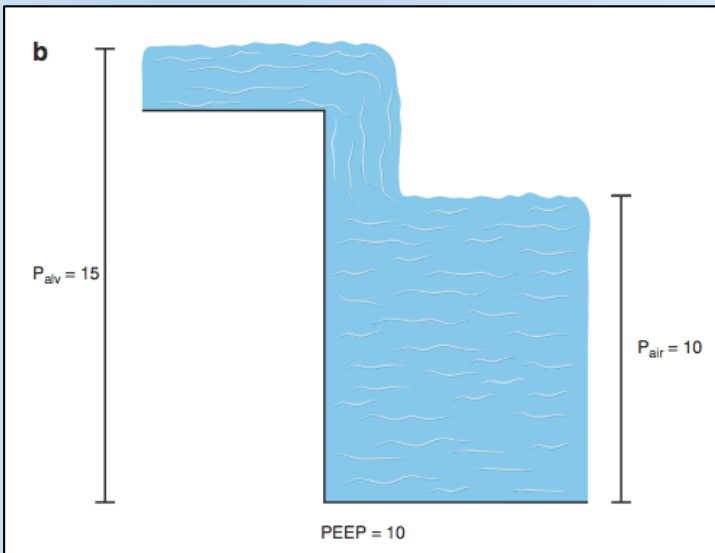




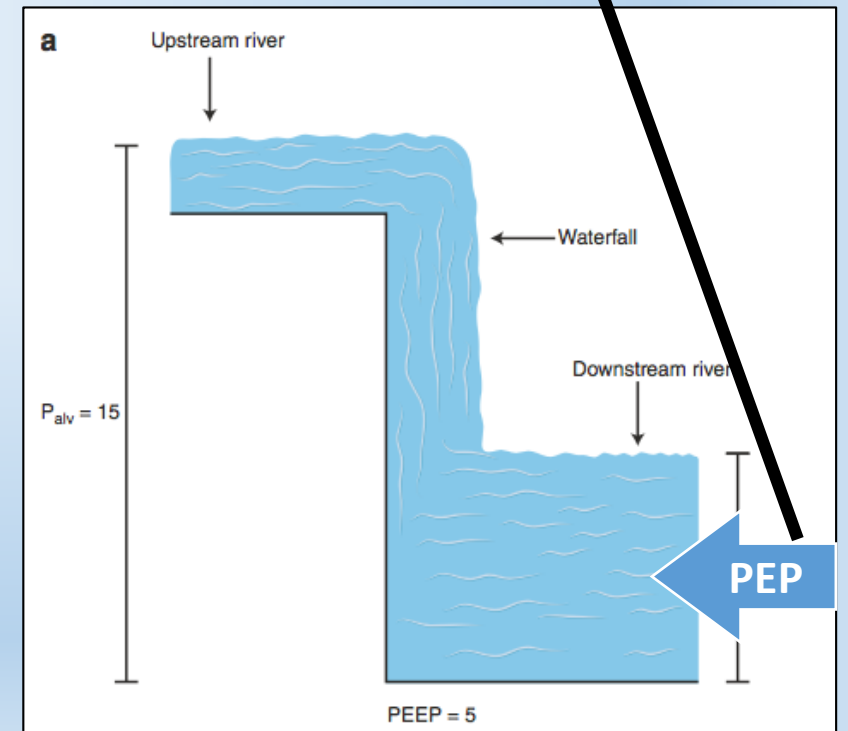
Augmenter le temps expiratoire  
 → n'améliore pas l'AutoPEEP



PEEP =  
 approximately 75% of  
 the measured autoPEEP

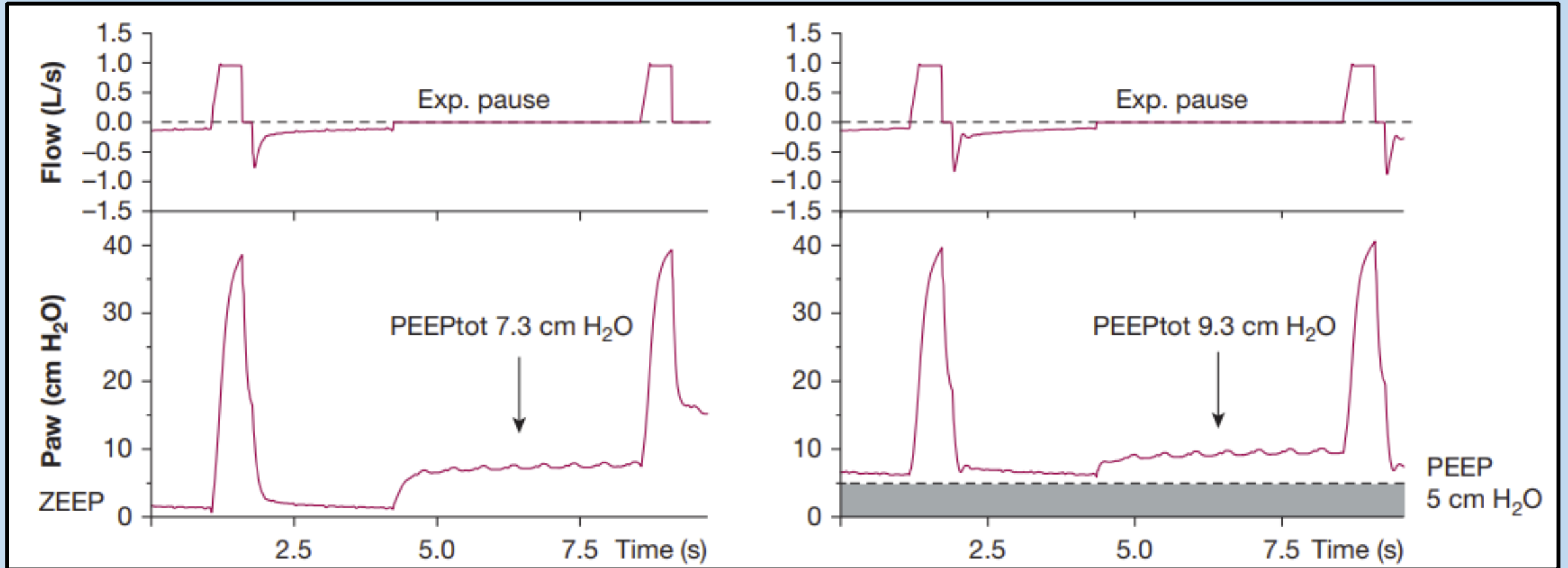


- Amélioration gradient pression motrice
- Amélioration débit expiratoire
- Baisse pression alvéolaire
- Baisse PEEPi
- Baisse PEEP Totale



# "PEEP Absorber" Behavior

la PEEP totale a augmenté d'une quantité inférieure à la PEEP appliquée lorsque celle-ci était inférieure à l'auto-PEEP



$$PEP_i = PEPTotale (7.3) - PEP (2) = 5.3$$

$$PEP_i = PEPTotale (9.3) - PEP (7) = 2.3$$

**INEFFECTIVE TRIGGERING**

▪ **Asthme**

Augmentation Raw

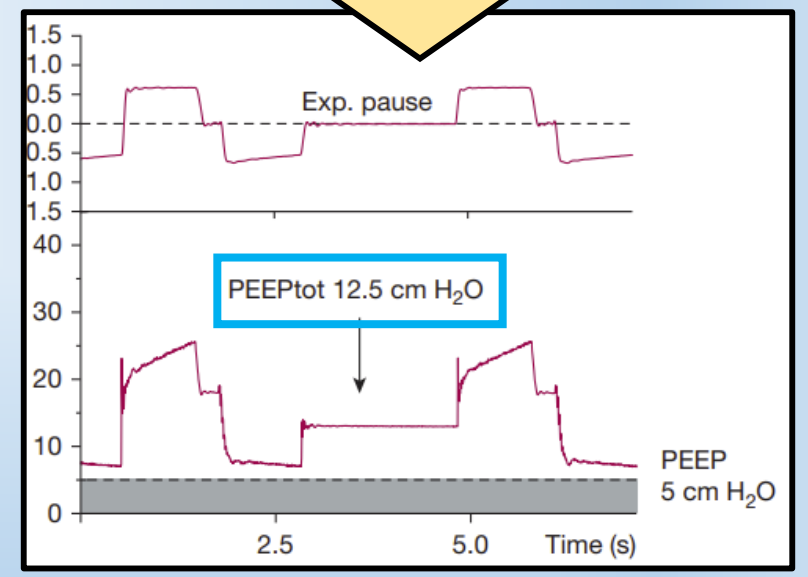
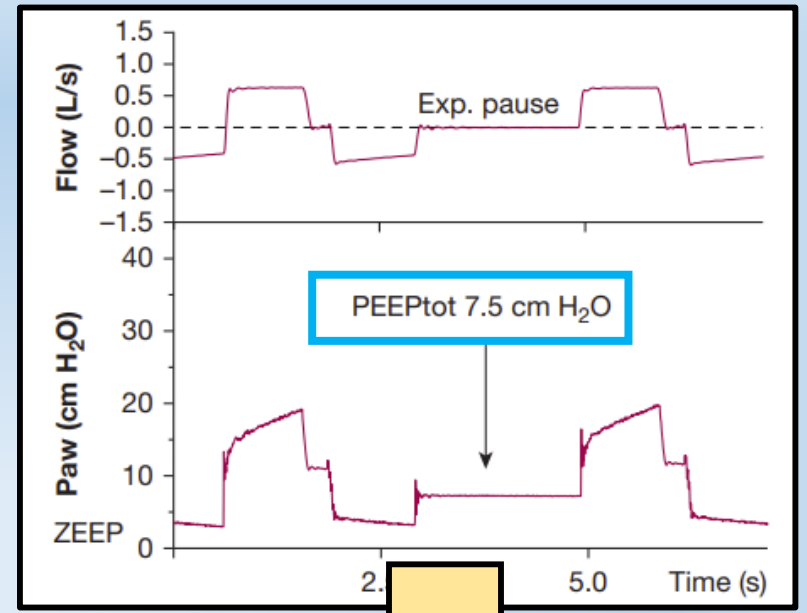
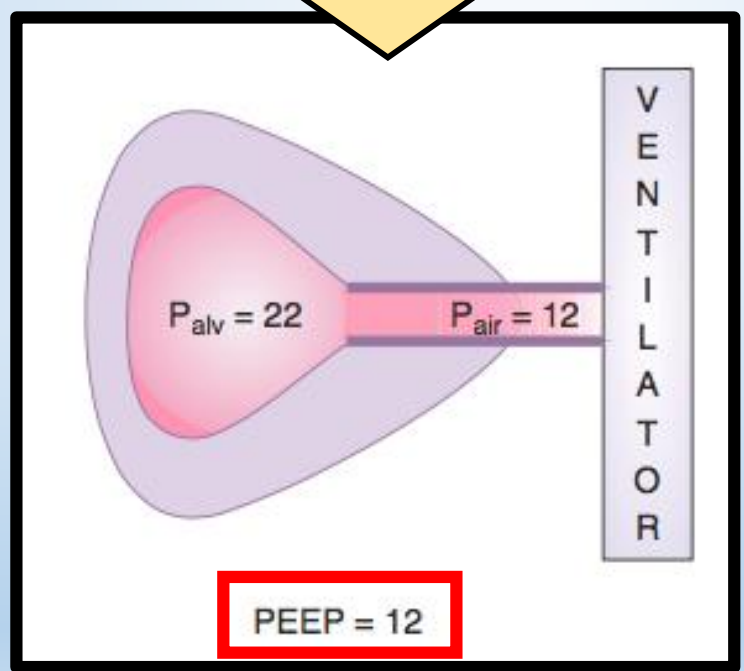
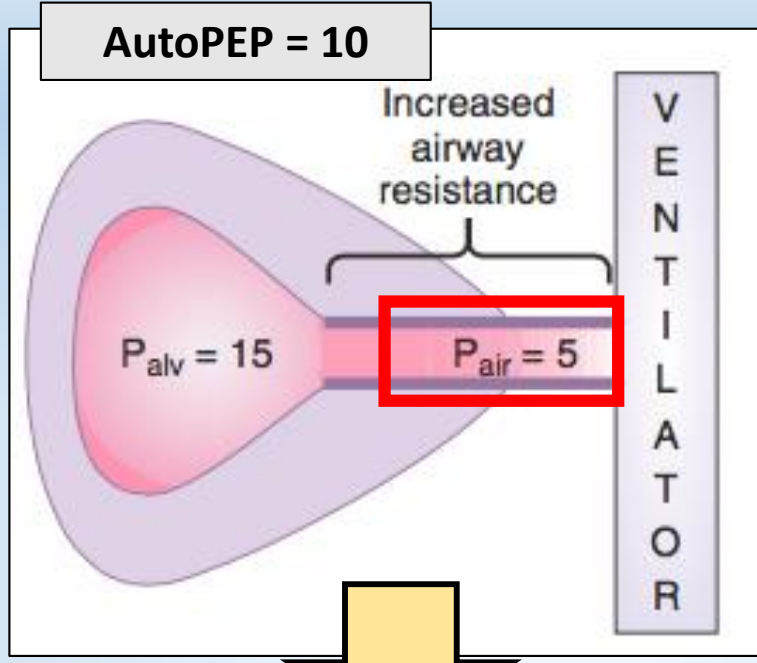
Ralenti. débit expiratoire

Arrêt précoce débit expiratoire

Piégeage d'air

Dynamic hyperinflation

**Auto-PEEP**

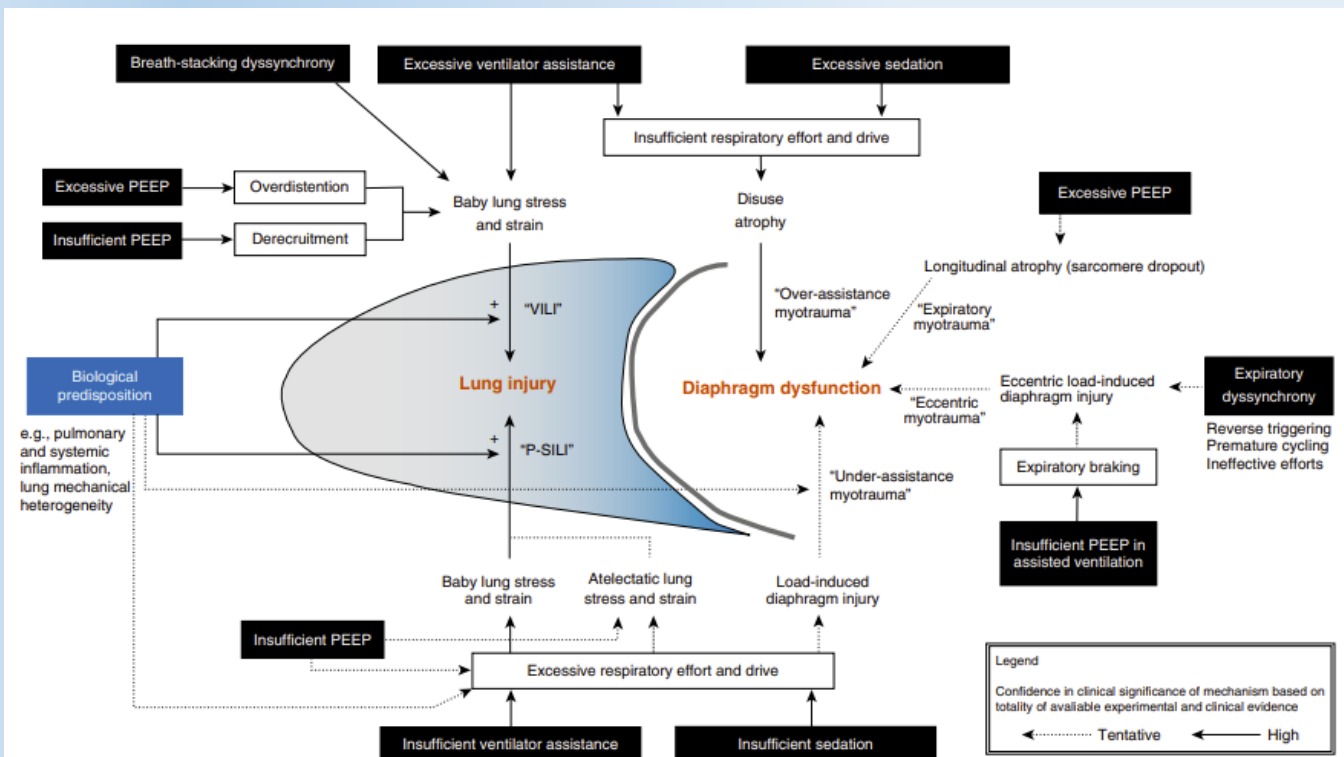


la PEEP totale a augmenté d'une quantité équivalente à la PEEP appliquée

# CRITICAL CARE PERSPECTIVE

## Lung- and Diaphragm-Protective Ventilation

Ewan C. Goligher<sup>1,2,3</sup>, Martin Dres<sup>4,5</sup>, Bhakti K. Patel<sup>6</sup>, Sarina K. Sahetya<sup>7</sup>, Jeremy R. Beitler<sup>8</sup>, Irene Telias<sup>1,2,9</sup>, Takeshi Yoshida<sup>10</sup>, Katerina Vaporidi<sup>11</sup>, Domenico Luca Grieco<sup>12,13</sup>, Tom Schepens<sup>14</sup>, Giacomo Grasselli<sup>15,16</sup>, Savino Spadaro<sup>17</sup>, Jose Dianti<sup>1,2,18</sup>, Marcelo Amato<sup>19</sup>, Giacomo Bellani<sup>20</sup>, Alexandre Demoule<sup>4,5</sup>, Eddy Fan<sup>1,2,3,21</sup>, Niall D. Ferguson<sup>1,2,3,21,22</sup>, Dimitrios Georgopoulos<sup>11</sup>, Claude Guérin<sup>23</sup>, Robinder G. Khemani<sup>24,25</sup>, Franco Laghi<sup>26,27</sup>, Alain Mercat<sup>28</sup>, Francesco Mojoli<sup>29</sup>, Coen A. C. Ottenheijm<sup>30</sup>, Samir Jaber<sup>31</sup>, Leo Heunks<sup>32\*</sup>, Jordi Mancebo<sup>33\*</sup>, Tommaso Mauri<sup>13,14</sup>, Antonio Pesenti<sup>13,14</sup>, and Laurent Brochard<sup>1,9\*</sup>; for the Pleural Pressure Working Group, Acute Respiratory Failure Section of the European Society of Intensive Care Medicine



**Table 3.** Potential Therapeutic Targets for Diaphragm Protection

Goal	Potential Therapeutic Target*
Prevent overassistance myotrauma	Any 1 of: $P_{mus} \geq 3$ to 5 cm H <sub>2</sub> O $\Delta P_{di} \geq 3$ to 5 cm H <sub>2</sub> O $\Delta P_{es} \leq -3$ to $-2$ cm H <sub>2</sub> O $P_{0.1} > 1$ to 1.5 cm H <sub>2</sub> O $TF_{di} \geq 15\%$ $EAdi \geq$ target value selected on the basis of Pocc-EAdi index and above targets
Prevent underassistance myotrauma	Any 1 of: $P_{mus} \leq 10$ to 15 cm H <sub>2</sub> O $\Delta P_{di} \leq 10$ to 15 cm H <sub>2</sub> O $\Delta P_{es} \geq -12$ to $-8$ cm H <sub>2</sub> O $P_{occ} \geq -20$ to $-15$ cm H <sub>2</sub> O $P_{0.1} < 3.5$ to 5 cm H <sub>2</sub> O $TF_{di} \leq 30\%$ to 40% $EAdi \leq$ limit value selected on the basis of Pocc-EAdi index and above targets
Prevent eccentric myotrauma	Avoid ineffective triggering and reverse triggering Avoid premature cycling Minimize expiratory braking

faisabilité ?

Moyens : Pharmacologiques, ventilatoires..?

Impact Outcome :

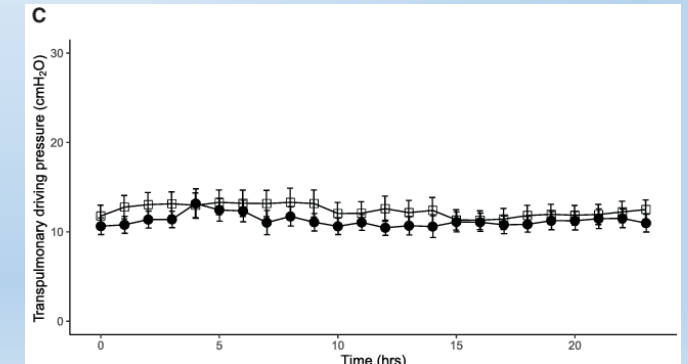
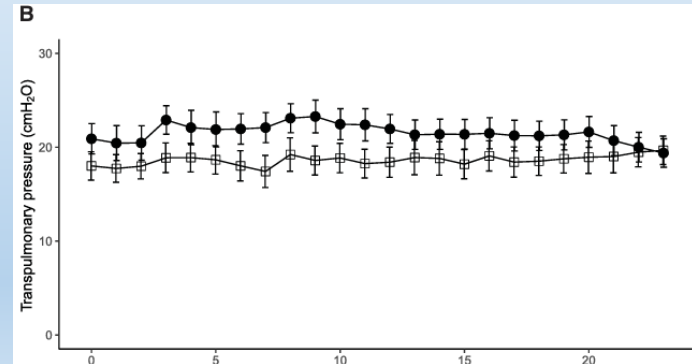
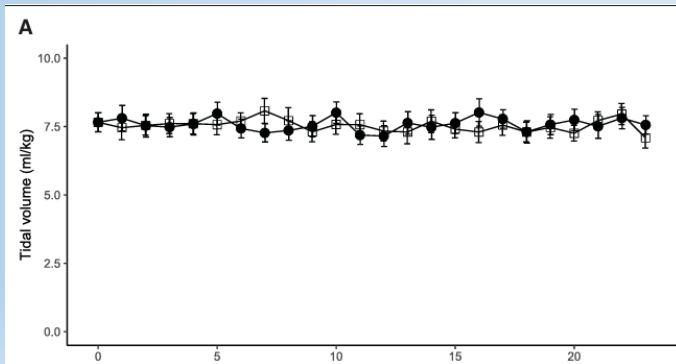
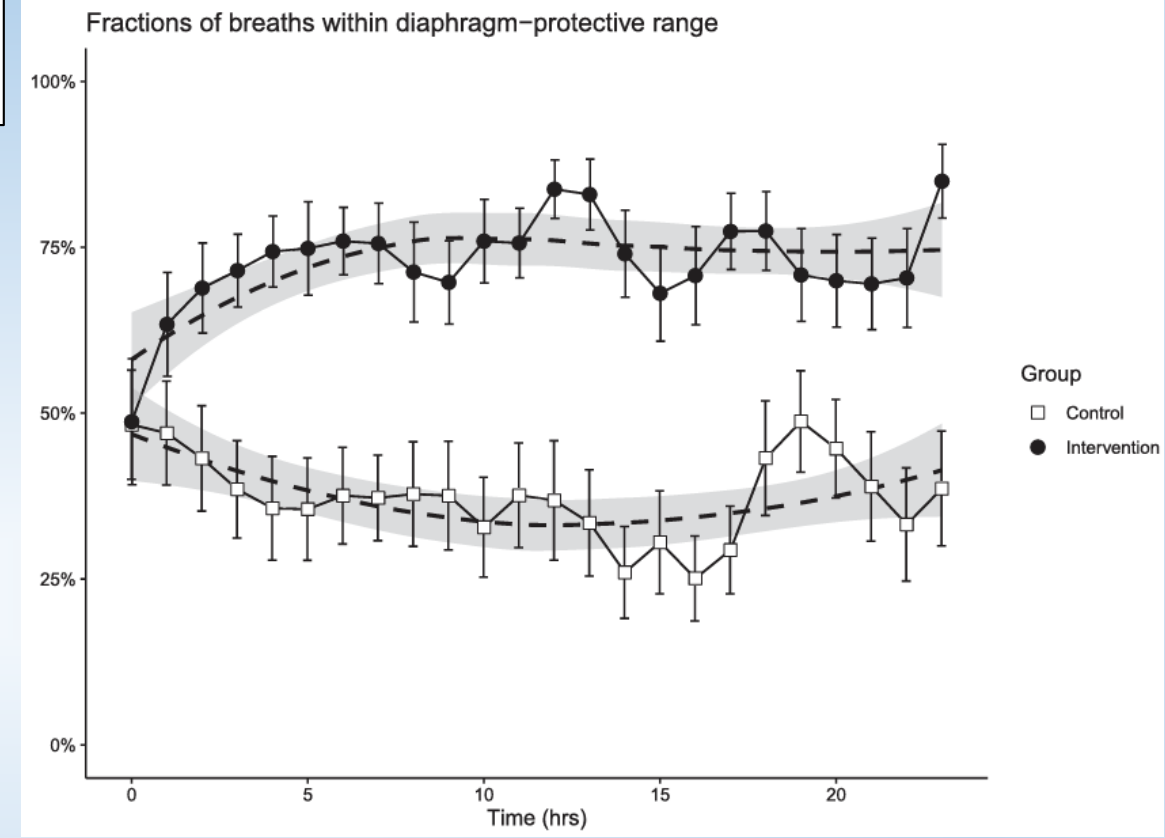
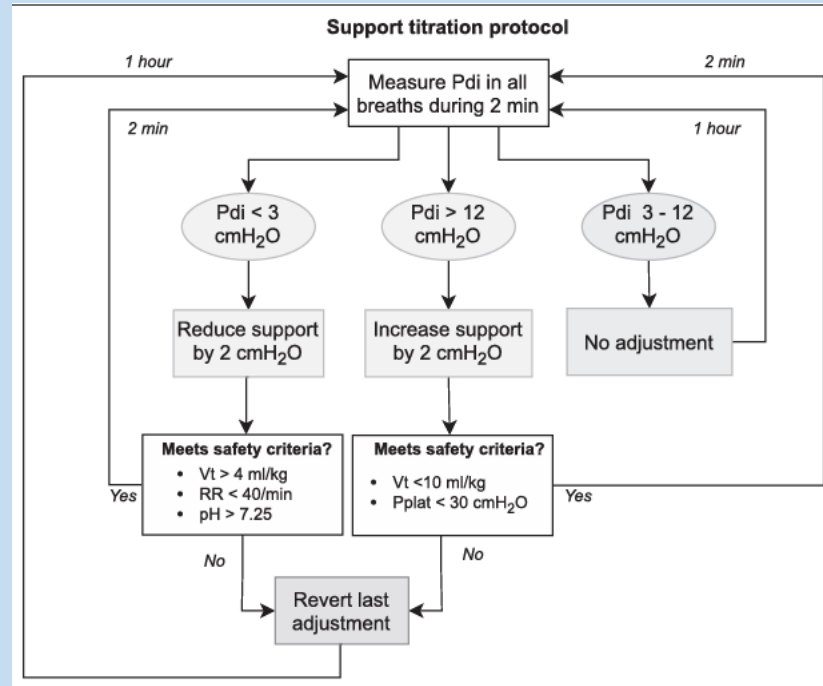
➤ Mortalité ?

➤ Durée ventilation ?

➤ Sevrage ?

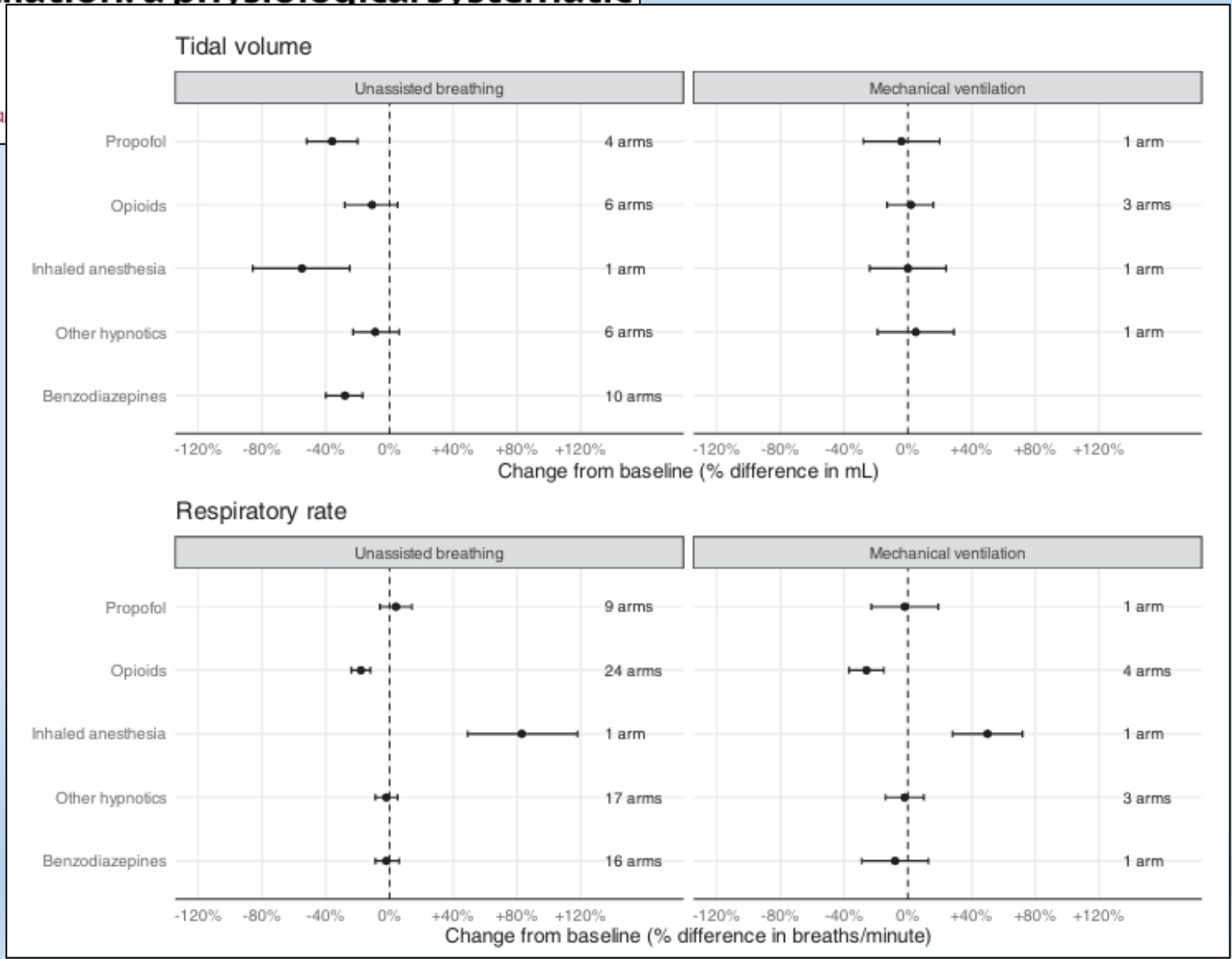
# Lung- and Diaphragm-Protective Ventilation by Titrating Inspiratory Support to Diaphragm Effort: A Randomized Clinical Trial

Heder J. de Vries, MD<sup>1,2</sup>  
 Annemijn H. Jonkman, PhD<sup>1,2</sup>  
 Harm J. de Grooth, MD, PhD<sup>1</sup>  
 Jan Willem. Duitman, PhD<sup>3</sup>  
 Armand R. J. Girbes, MD, PhD<sup>1</sup>  
 Coen A. C. Ottenheijm, PhD<sup>2,4</sup>  
 Marcus J. Schultz, MD, PhD<sup>5-7</sup>  
 Peter M. van de Ven, PhD<sup>8</sup>  
 Yingrui Zhang, MD<sup>1,9</sup>  
 Angelique M. E. de Man, MD, PhD<sup>1</sup>  
 Pieter R. Tuijnman, MD, PhD<sup>1</sup>  
 Leo M. A. Heunks, MD, PhD<sup>1,2</sup>



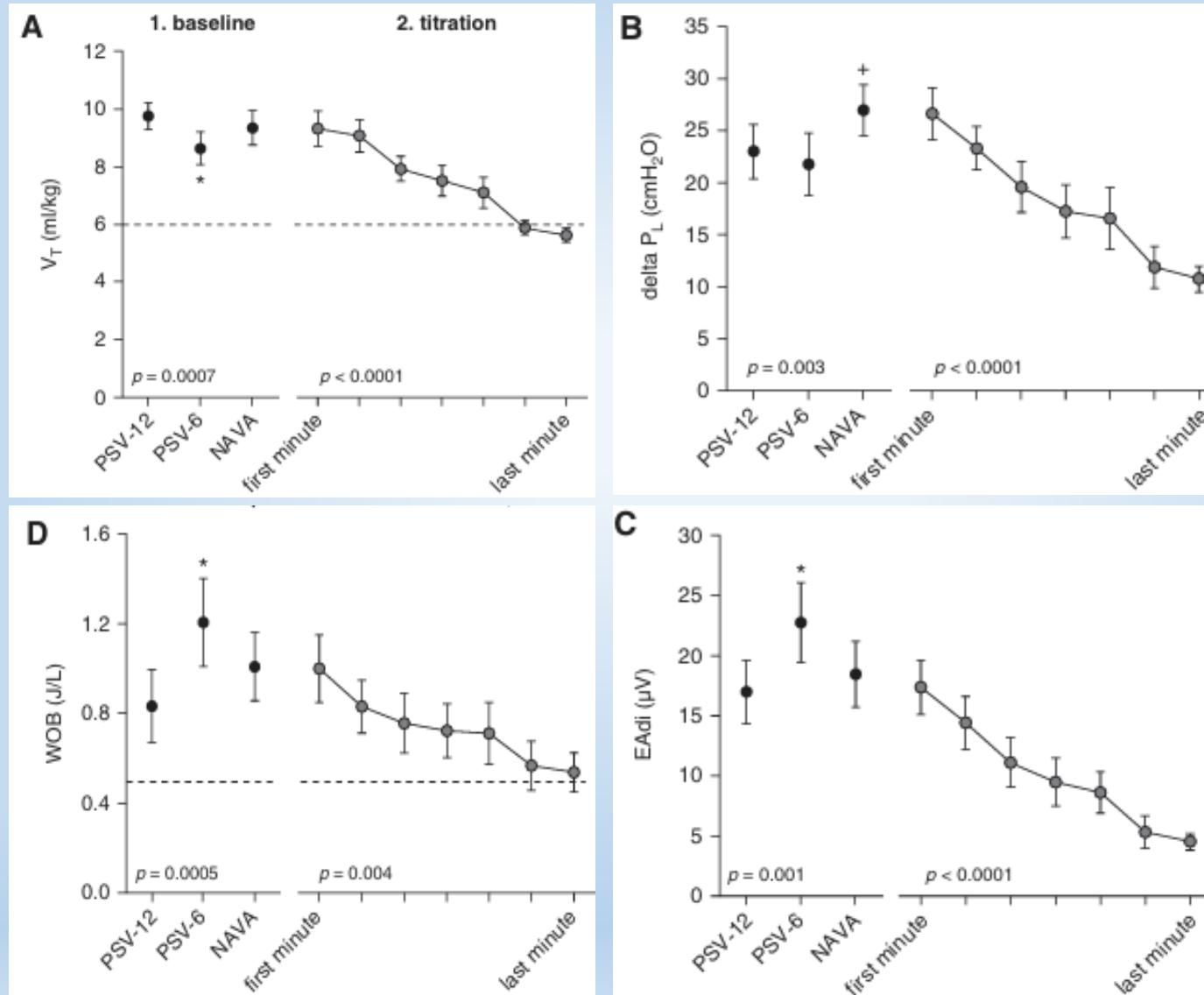
# The influence of drugs used for sedation during mechanical ventilation on respiratory pattern during unassisted breathing and assisted mechanical ventilation: a physiological systematic review and meta-analysis

Danica Quickfall,<sup>a</sup> Michael C. Sklar,<sup>b,c</sup> George Tomlinson,<sup>d</sup> Ani Orcha



# Partial Neuromuscular Blockade during Partial Ventilatory Support in Sedated Patients with High Tidal Volumes

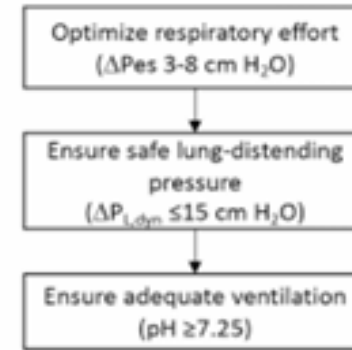
Jonne Doorduyn<sup>1</sup>, Joeke L. Nollet<sup>1</sup>, Lisanne H. Roesthuis<sup>1</sup>, Hieronymus W. H. van Hees<sup>2</sup>, Laurent J. Brochard<sup>3,4</sup>, Christer A. Sinderby<sup>3,4</sup>, Johannes G. van der Hoeven<sup>1</sup>, and Leo M. A. Heunks<sup>1</sup>



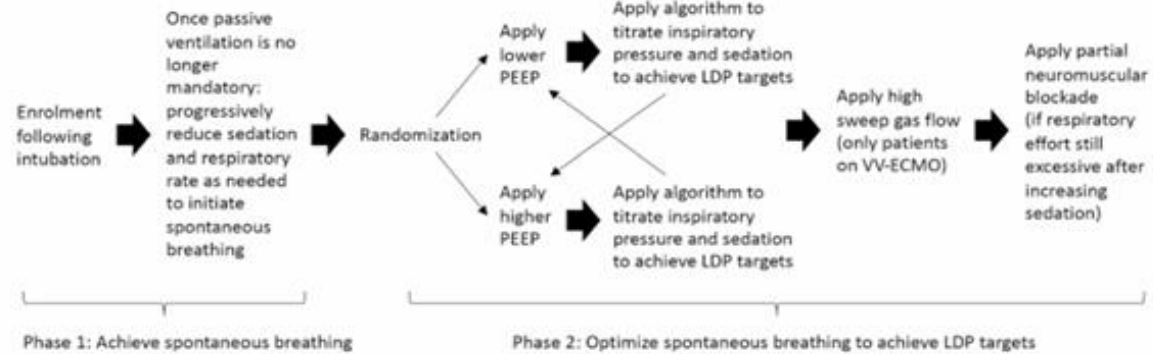
# Strategies for lung- and diaphragm-protective ventilation in acute hypoxemic respiratory failure: a physiological trial

Jose Dianti<sup>1,2</sup>, Samira Fard<sup>3</sup>, Jenna Wong<sup>2</sup>, Timothy C. Y. Chan<sup>4</sup>, Lorenzo Del Sorbo<sup>1,2</sup>, Eddy Fan<sup>1,2</sup>, Marcelo B. Passos Amato<sup>5</sup>, John Granton<sup>1,2</sup>, Lisa Burry<sup>1,6,7</sup>, W. Darlene Reid<sup>1,8</sup>, Binghao Zhang<sup>4</sup>, Damian Ratano<sup>1</sup>, Shaf Keshavjee<sup>9</sup>, Arthur S. Slutsky<sup>1,10</sup>, Laurent J. Brochard<sup>1,10</sup>, Niall D. Ferguson<sup>1,2,11,12,13</sup> and Ewan C. Goligher<sup>1,2,11,13\*</sup>

## B. Lung- and Diaphragm-Protective (LDP) Targets

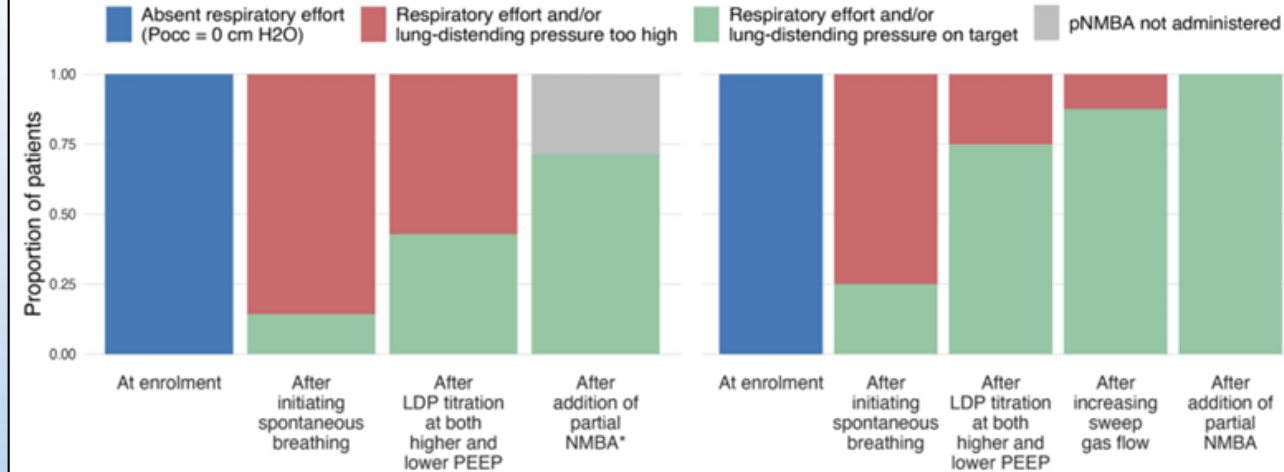


## A. Study procedure



## A. Not on VV ECMO (n= 14)

## B. On VV ECMO (n= 16)



# Diaphragm Neurostimulation Assisted Ventilation in Critically Ill Patients

Harry Etienne<sup>1,2</sup>, Idunn S. Morris<sup>3,4,5,6</sup>, Greet Hermans<sup>7,8</sup>, Leo Heunks<sup>9</sup>, Ewan C. Goligher<sup>3,4,5,10</sup>, Samir Jaber<sup>11</sup>, Capucine Morelot-Panzini<sup>1,12</sup>, Jalal Assouad<sup>1,2</sup>, Jesús Gonzalez-Bermejo<sup>1,13</sup>, Laurent Papazian<sup>14</sup>, Thomas Similowski<sup>1,15</sup>, Alexandre Demoule<sup>1,16</sup>, and Martin Dres<sup>1,16</sup>

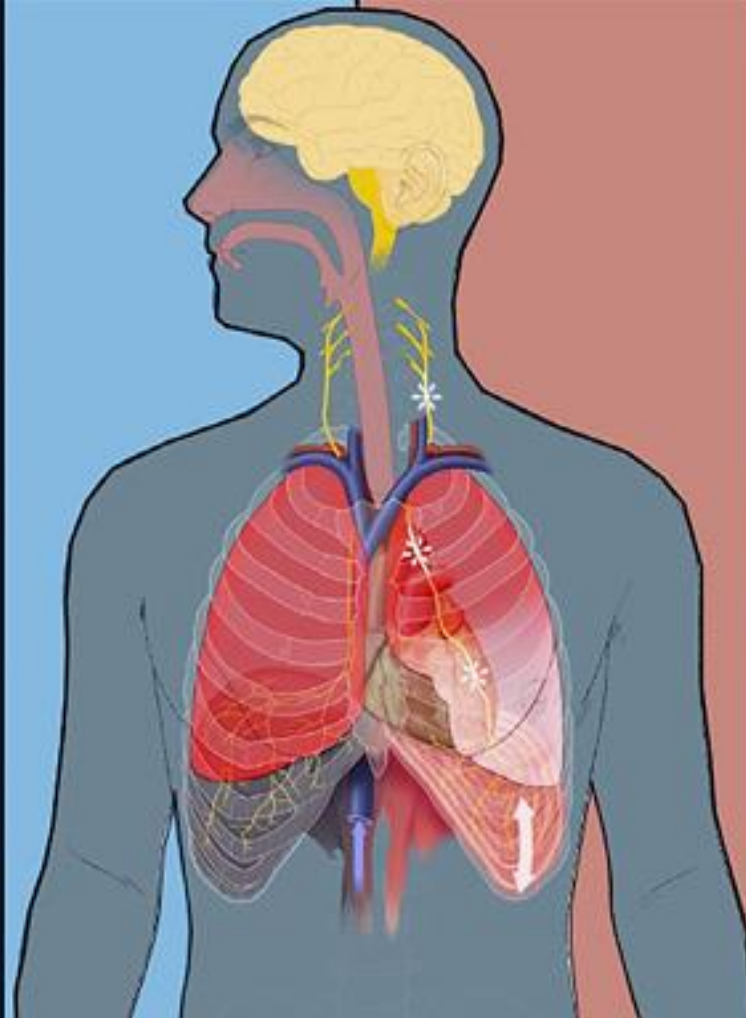
## Positive Pressure Ventilation

### Established benefits

- Improvement of Gas exchanges
- Maintaining alveoli opened
- Reduction of work of breathing

### Established risks

- Ventilator induced lung injury
- Ventilator induced diaphragm injury
- Ventilator associated brain injury
- Exacerbated lung-heart interactions



## Diaphragm Neurostimulation Assisted Ventilation

### Plausible benefits

- Better lung volume distribution
- Limiting ventilator generating pressure
- Alleviating diaphragm atrophy/dysfunction

### Plausible risks

- Pendelluft and lung injury
- Diaphragm injury
- Patient-ventilator asynchrony

# Ventilation Mécanique :

## Objectifs Thérapeutiques

1

Amélioration  
Echanges gazeux

2

Protection Poumon  
(VILI)

3

Protection Diaphragme  
(DD)

4

Amélioration  
Mécanique Respiratoire

5

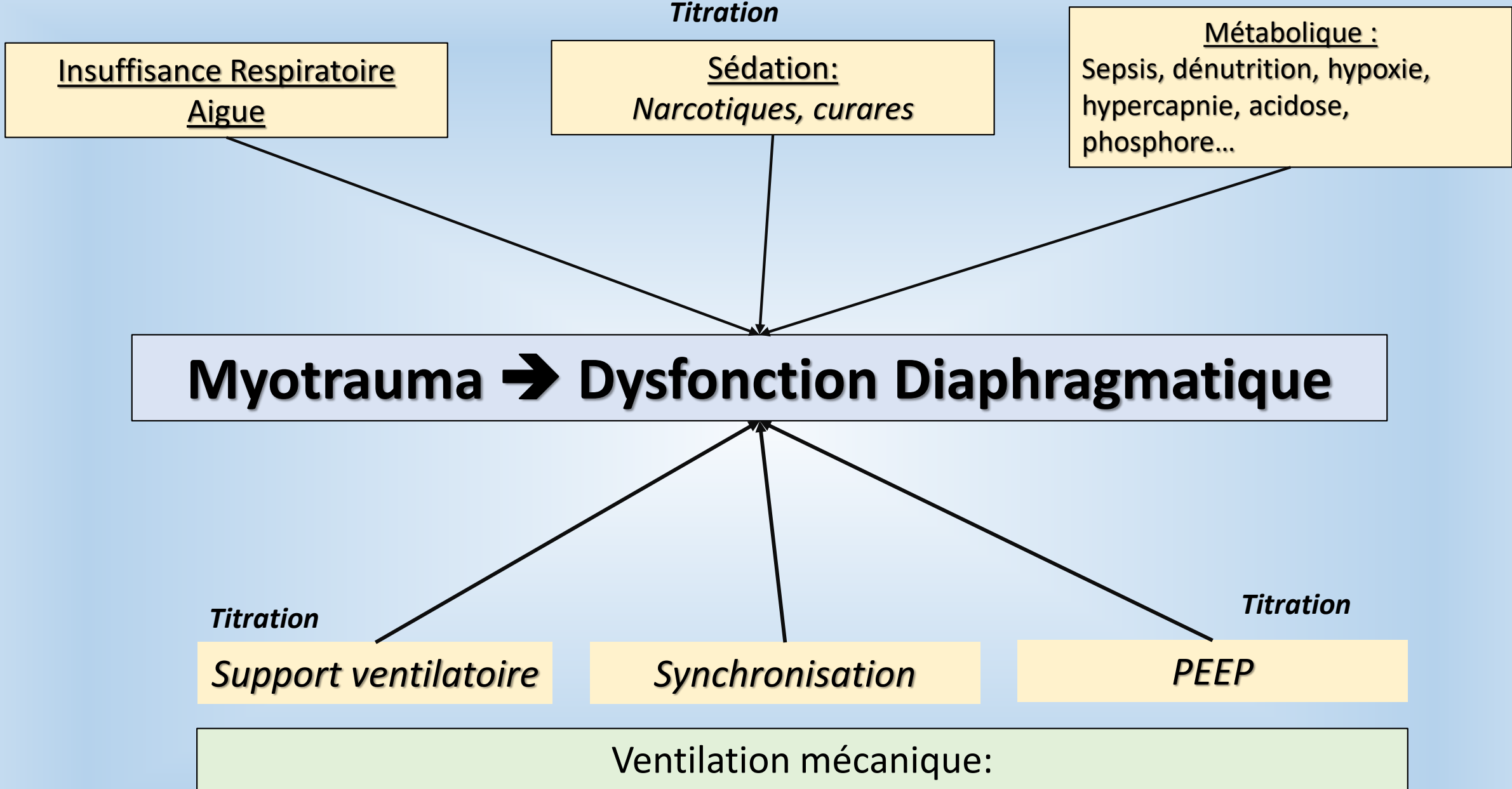
Asynchronies  
Patient-respirateur

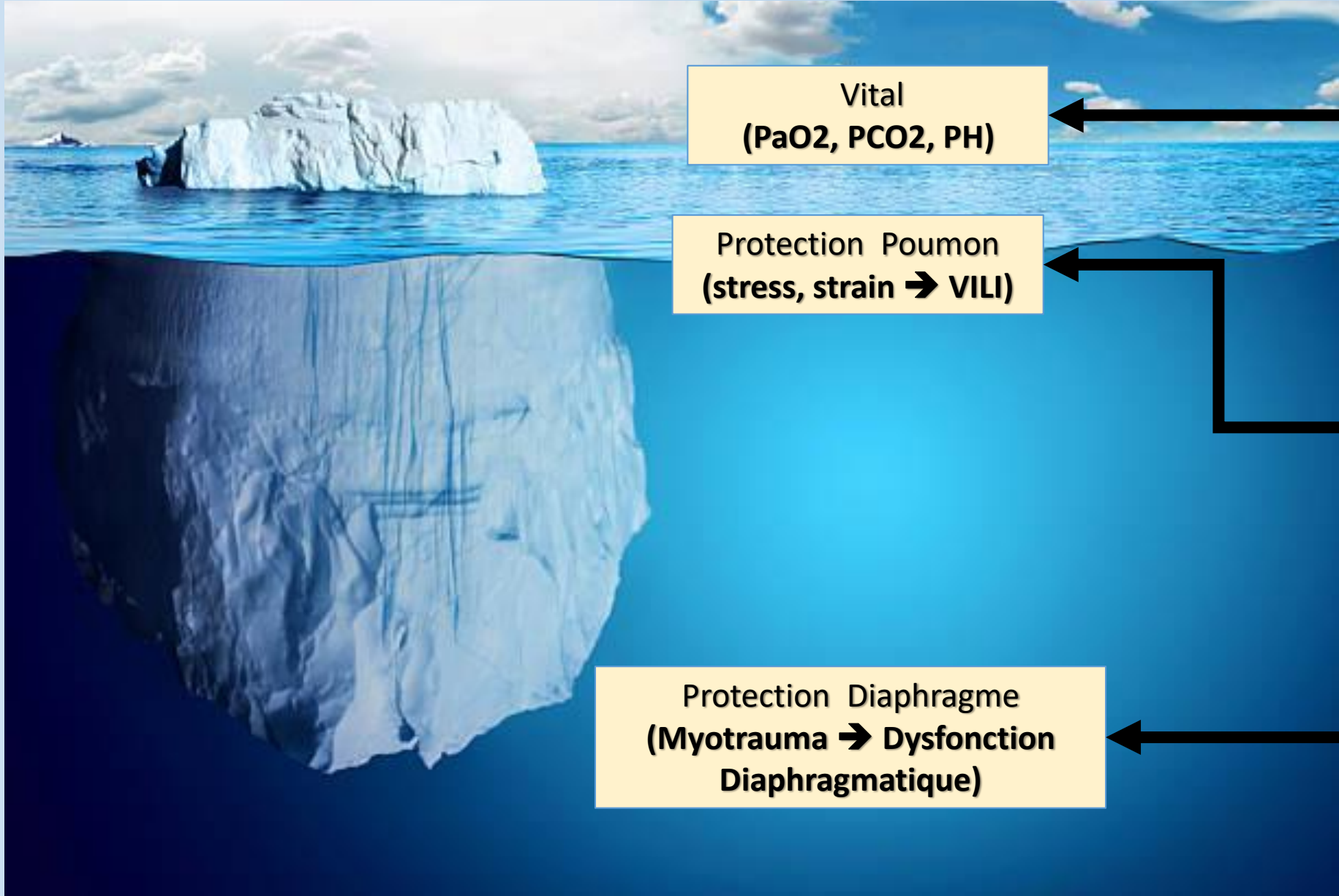
6

Sevrage

Effort Inspiratoire  
inadapté

Effort Inspiratoire : Monitoring + Gestion





Vital  
(PaO<sub>2</sub>, PCO<sub>2</sub>, PH)

Protection Poumon  
(stress, strain → VILI)

Protection Diaphragme  
(Myotrauma → Dysfonction  
Diaphragmatique)

**Objectifs**  
**Ventilation**  
**Mécanique**





**mindray**  
healthcare within reach

**MERCI**

**M**EDICO  
EDLINE